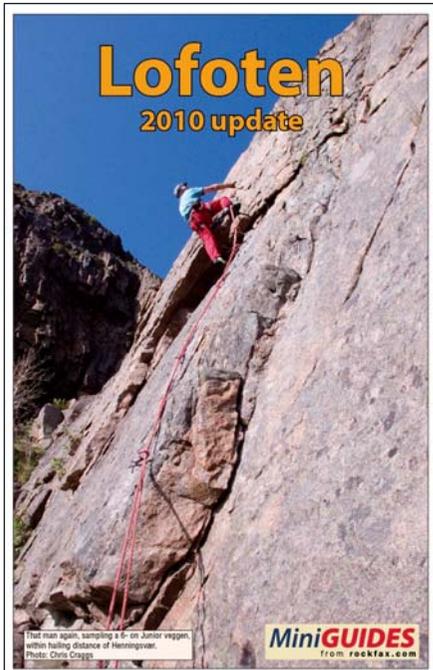


# Lofoten Update 2010 *MiniGUIDE*

by Chris Craggs and Thorbjørn Enevold

Version 1.0 - May 2010



Thank you for downloading this Rockfax MiniGUIDE. We hope that you find the information useful, inspiring and accurate.

Please send any comments you have to [feedback@rockfax.co.uk](mailto:feedback@rockfax.co.uk).

Thanks again for your support.

Alan James, May 2010

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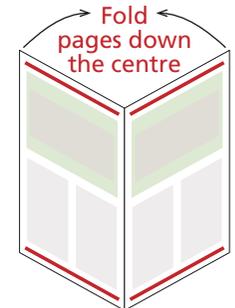
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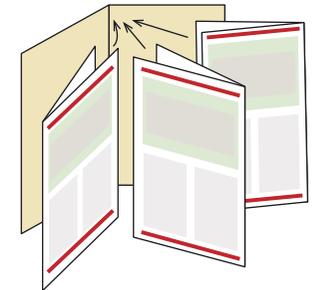
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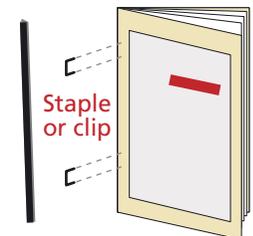
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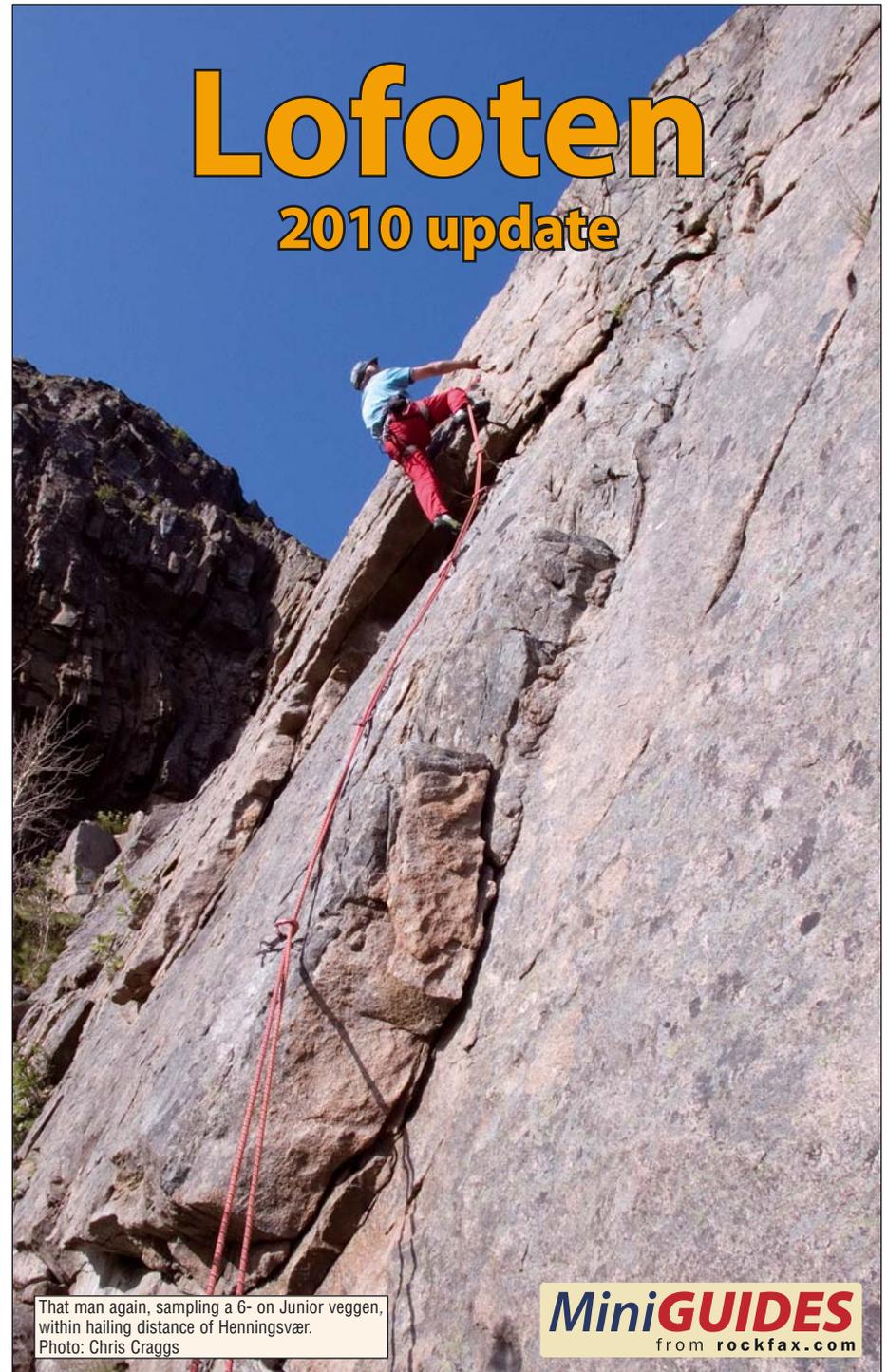
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# Lofoten

2010 update



That man again, sampling a 6- on Junior veggen,  
within hailing distance of Henningsvær.  
Photo: Chris Craggs

**MiniGUIDES**  
from [rockfax.com](http://rockfax.com)

# Lofoten Update 2010 MiniGUIDE

by Chris Craggs and Thorbjørn Enevold  
Version 1.0 - May 2010

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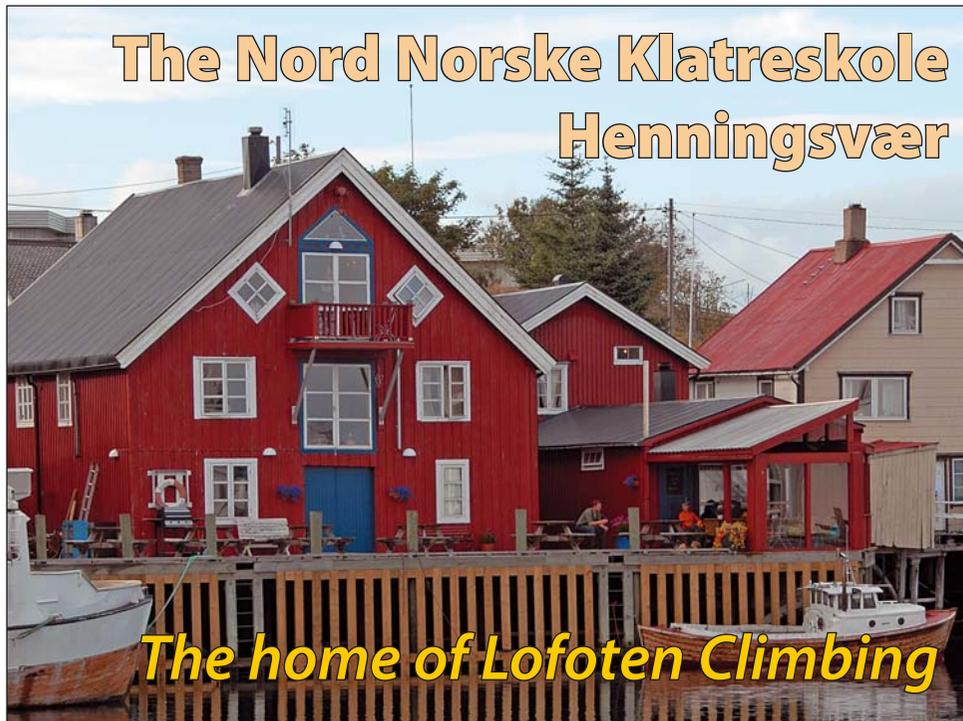
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## Footnote

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## Introduction

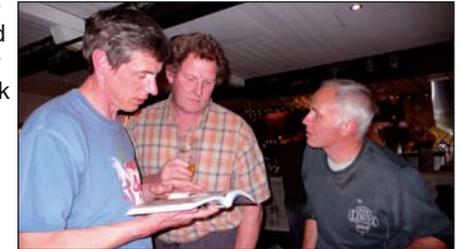
MiniGUIDES from rockfax.com

This update includes new routes, corrections and amendments that have been brought to our notice since the Lofoten Guidebook was published in June 2008. It includes everything from tiny routes and minor variations to major undertakings. Please continue to feedback to us via the Rockfax website and the NNKS New Routes Book.



## Guidebook History

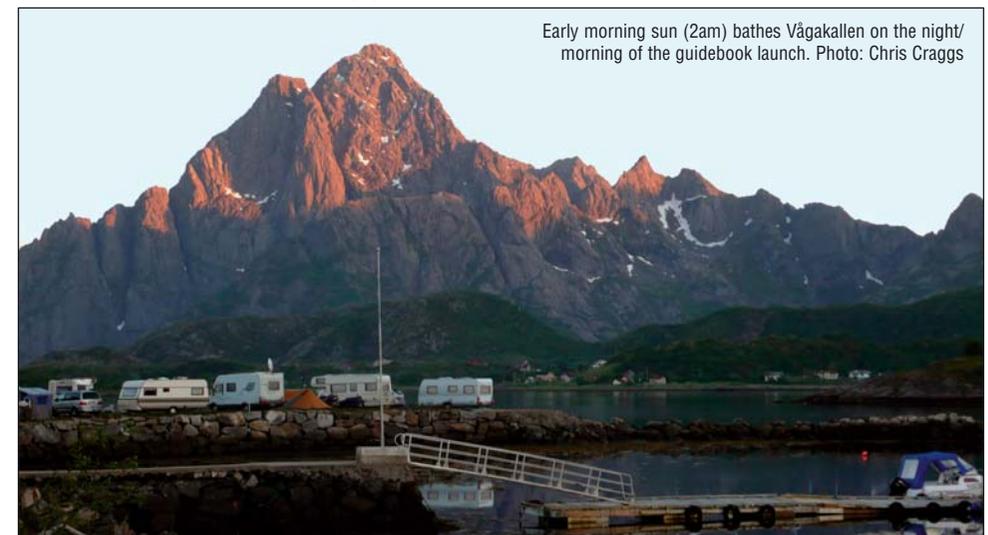
The Lofoten Rock guidebook was published in June 2008 to much critical acclaim. The locals loved it and there was an excellent and well-attended launch party for the guidebook in the NNKS in June 2008, which went on long into the midnight summer sun. The photo shows Alan James (owner of Rockfax) and the two main authors, Chris and Thorbjørn, discussing the guide over a drop of something special. In the autumn we received news that it had won the prestigious *Guidebook of Year* award at the annual Banff Mountain Book Festival. Chief judge John Harlin III described it as "perfect". It was great to see the long hours and hard work rewarded with international recognition.



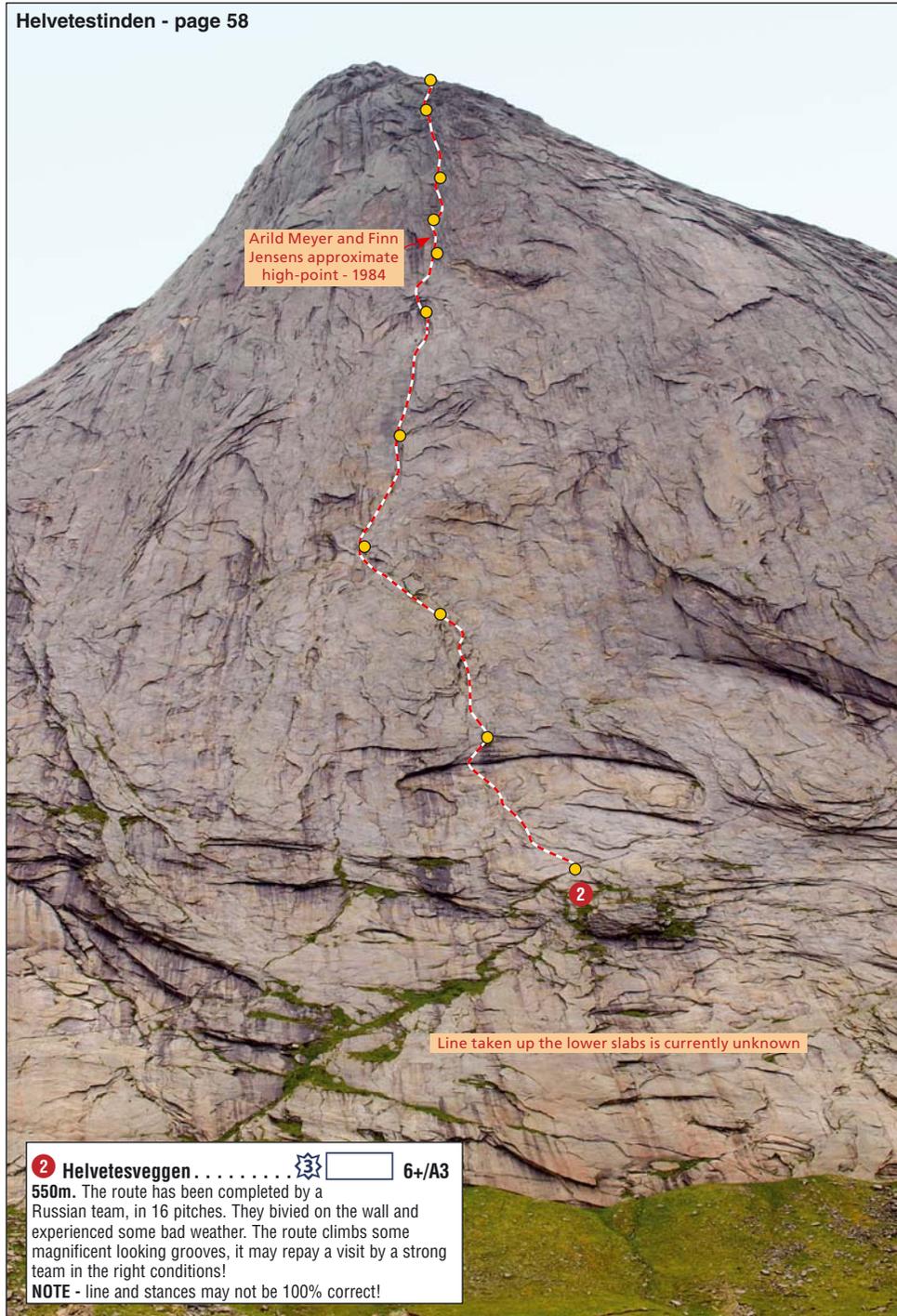
## Top 50

Although always a good talking point/pub fodder, the list was only ever intended to be '50 of the Best Routes in Lofoten' - rather than 'THE 50 Best Routes in Lofoten', and there is quite a difference in the emphasis! The Top 50 routes have become very popular though! In the current list *Snickar gladje*, *Sticky Fingers* and *Elvis* might be worth adding - though what are you going to take out? *Puffrisset* needs moving up a quite a bit (slightly bold 6-) and *Gaukerisset* needs moving down by quite a lot (sustained and safe 5+).

Lofoten is very much a rising star in the climbing firmament - long may it continue to shine. Now - about that winter climbing guide!

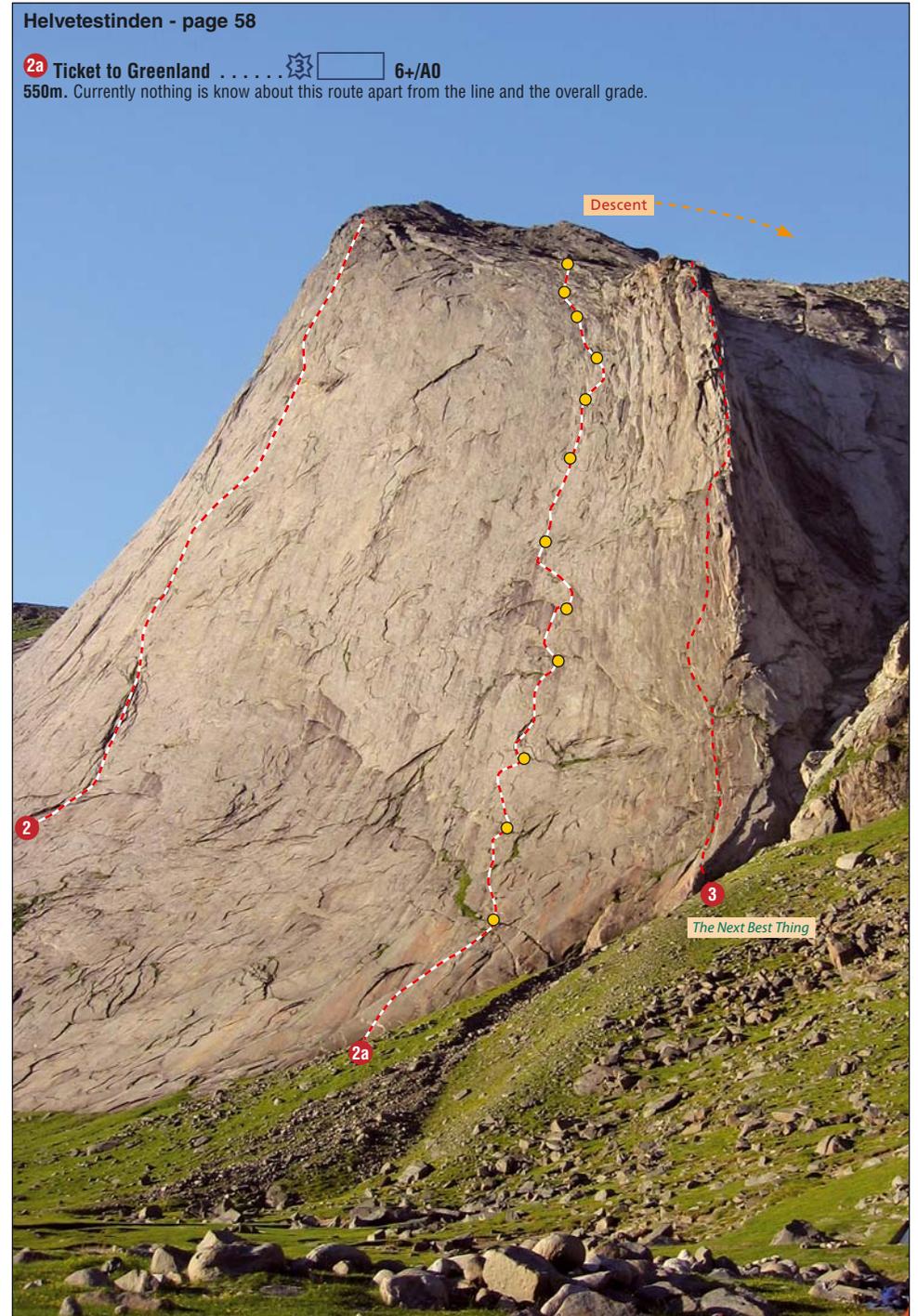


Helvetestinden - page 58



**2 Helvetesveggen . . . . .**  **6+/A3**  
 550m. The route has been completed by a Russian team, in 16 pitches. They bivied on the wall and experienced some bad weather. The route climbs some magnificent looking grooves, it may repay a visit by a strong team in the right conditions!  
**NOTE** - line and stances may not be 100% correct!

Helvetestinden - page 58



**2a Ticket to Greenland . . . . .**  **6+/A0**  
 550m. Currently nothing is know about this route apart from the line and the overall grade.

The Next Best Thing

This peak is west north west of Vinstad, on the map page 57 of Lofoten Rock.



**1 Pure Addiction** . . .      **7**

**275m.** The route offers continuous climbing on steep rock up a direct line in the central part of the wall. The rock is of good quality although the last two pitches are rather mossy.

**Gear** - a normal Lofoten rack, with one big cam.

**Approach** - Hike up a grassy hillside left from the road that goes from Vindstad to Bunesstranda. 30 minutes.

- 1) 6, 40m.** Start in a small right-facing groove in the centre of the wall. This leads up to a big chimney. Traverse left to a stance at the bottom of a clean 50m right-facing dihedral.
- 2) 7-, 50m.** Sustained climbing straight up the clean groove. Step left to a hanging stance at a flake when it ends.
- 3) 7, 40m.** Straight up in cracks leading to a left-facing groove with a little roof. After 5m, make bold moves left on the face and then back again. Pass the roof to a stance on the right.

- 4) 6+, 35m.** Straight up in parallel cracks to a hanging stance before the angle eases off.
- 5) 6+, 50m.** Climb the right side of the slab then traverse left to a big corner. Stance in a niche by a short wide crack.
- 6) 7-, 60m.** Straight up and then traverse right at a horizontal crack. Up a mossy dihedral that leads to a gully. Traverse left to a small overhang. A big cam is crucial for protection here. Go left easily to the top.
- Descent** - From the top, down-climb right (northeast) and make two abseil from slings down to the saddle that leads to the gully on the right side of the face. Scramble down the gully and make one more abseil to the ground. 60m ropes just reach the ground on the final abseil.

*FA. Andreas Holm, Ola Kalen, Henrik Sjöqvist 13.7.2009*

**Breiflogtinden - page 61**

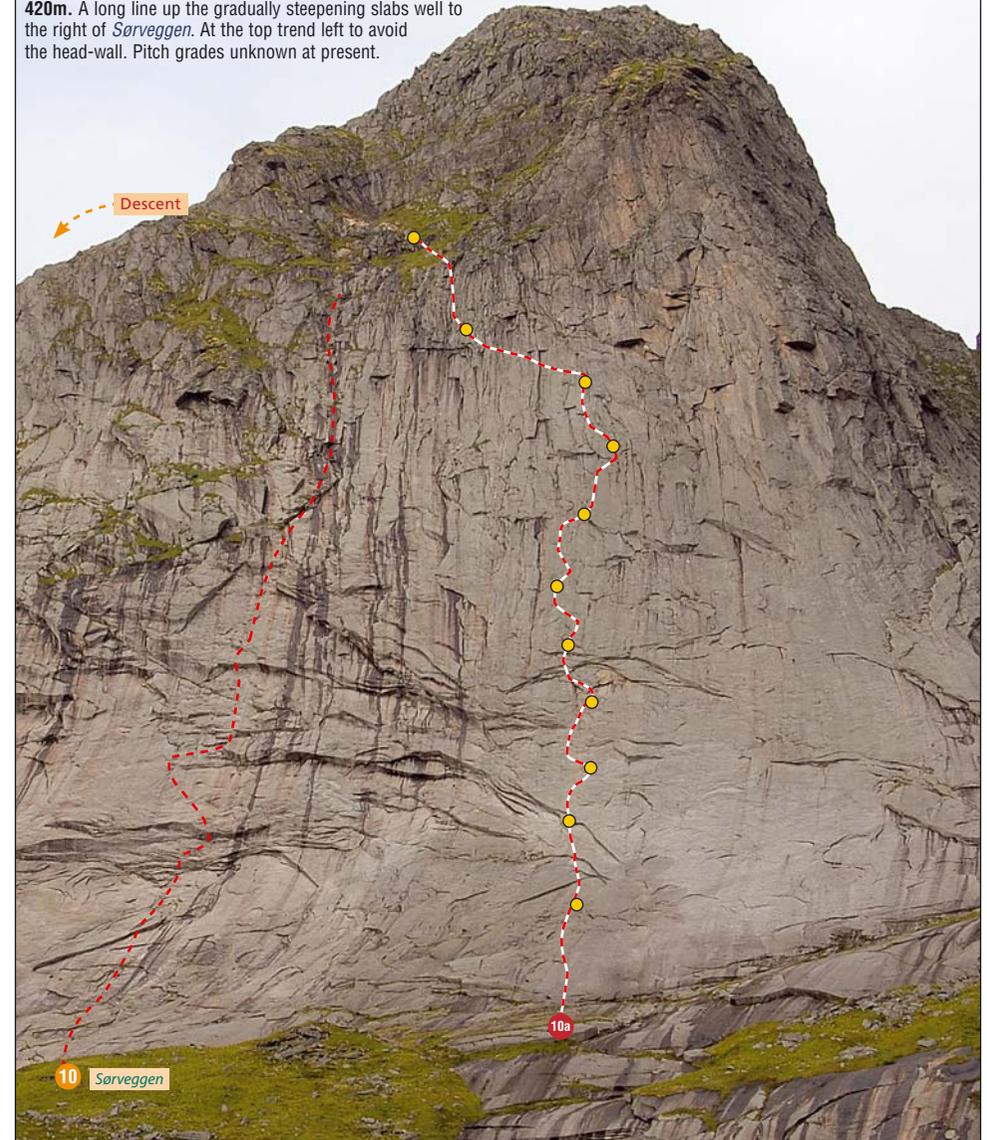
**9 Recht Rinne** . . . . .  **6-**

This route - or a variation of it - was climbed by Svein Smelvær and Bjørn Hanche-Olsen in 1972, 25 years before Jantsch, Klingeman and Keller. According to Svein, it had probably been climbed even before this by some UK climbers. Svein confirms that the climbing in the corner was rather grotty, so they deviated right some way up and found reasonably good climbing towards the ridge on the right-hand side of the corner. He says the climbing was not too difficult - mostly around grade 4 - though he does remember the initial slab traverse as somewhat trickier.

**Maslitinden - page 62**

**10a Hungry Eyes** . . . . .   **6/A1**

**420m.** A long line up the gradually steepening slabs well to the right of *Sørveggen*. At the top trend left to avoid the head-wall. Pitch grades unknown at present.



Akkarviktind

**1** Todarodes Sagittatus . . . . .   5+/A2 200m. On the south-east face of Akkarviktind near Reine. The route is varied with some interesting aid climbing, though the upper part is often wet. The approach is the same as for Ølkontinden (page 65).

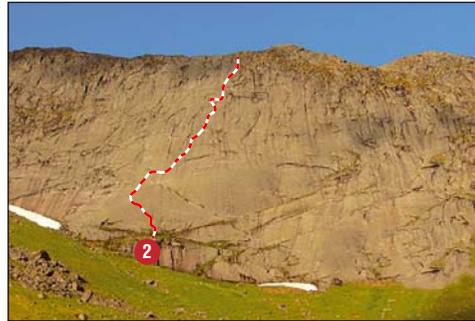
- 1) 5, 40m. Slabby climbing with some grass and bushes leads to a two-bolt belay on good ledge.
- 2) 5+/A2, 45m. First half - nice slab with 4 bolts. Second half - aid climbing, some drilled holes and beaks leads to easier climbing. Two-bolt belay.
- 3) A2, 35m. Aid right up crack to a groove, then traverse left by rivet heads and beaks to a two-bolt belay.
- 4) 5/A1 35m. Nice cracks and groove lead to a single bolt at the belay.
- 5) 5-, 45m. A lovely groove then varied climbing leads leftwards. One bolt at the belay.

**Rack** - Include beaks to 3.5", plus four rivet hangers.

**Descent** - Abseil back down the line.

FA. Odd-Roar Wiik, Mie Kastet 7.2008

Brandtuva, Moskensøy



**2** Sound of Waves. . . . .  6+

450m. Currently little is known about this route apart for the FA's topo (above). It is believed to be on the south face of the mountain, which is approached from Kjerkfjorden.

Olstinden - page 64

**11** Søvest pillaren . . . . .   5+

More details of this interesting route. The only known repeat described it as, "A good day out which, by way of comparison, felt more demanding than Vestpillaren."

- 1) 4+. 2) and 3) Quite bold with fairly big run-outs to make the belay but are technically pretty easy (5). Pitch 2 has a single bolt belay at the end of the traverse to aim for.
- 4) This could be straightened out - instead of moving left to belay, head up to the ledge as in the topo, then traverse right to belay in the crack of Pitch 5.
- 6) The crack is pretty wide. Take a couple of big cams (5+).
- 7) A nice technical groove (6-).
- 8) The last pitch looks a good bit harder than the rest and pretty dirty, however a traverse right (obvious) leads to a pitch of heather and filth. Fortunately it is technically easy (4+).

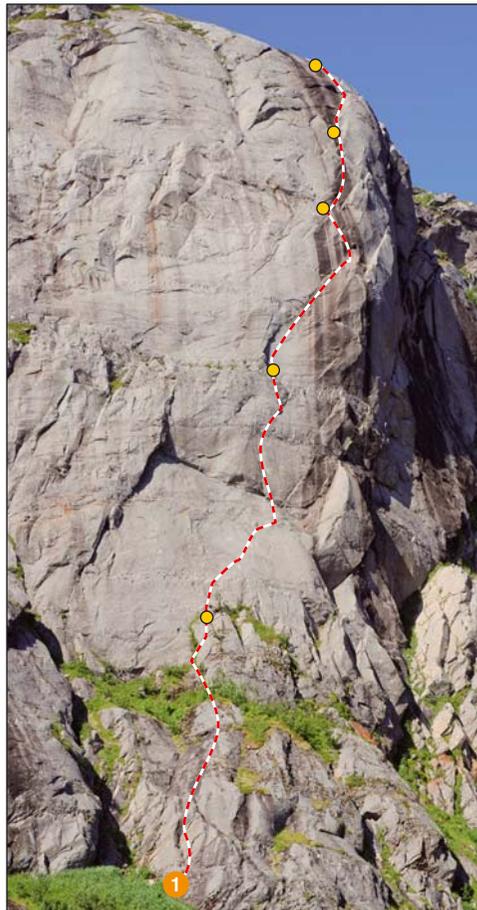
**Descent (IMPORTANT!)** - The guide suggests heading up to the ridge and then dropping down to the left to access a gully (as shown on the topo). In fact there doesn't seem to be a sensible way off the summit ridge (the backside is a huge wall - you can see this as you drive into Reine from the North).

Instead ascend up and diagonally left from the top of the route for around 200m until you reach a big grassy bowl. Traverse across this to find yourself at the top of a west-facing gully, leading down towards the fjord (boulder at top). Descend the gully via 9 abseils off threads and boulders, with a steep abseil in the lower reaches of the gully, until it is possible to scramble down to the fjord and the approach.

Reinesvaet - page 69

**15** Sea Breeze . . . . .   5

Pitch 7 is regarded as the crux, with sustained climbing, tricky route finding and poor protection - probably grade 5. The upper section is very foreshortened - grass/heather/juniper scrambling leads to the top ledge. Head left, down then up, to reach the descent gully. The top is marked by slings on a tree.



Stortind - page 71

**17a** Aina suger kantarell . . . . .   7

470m. Approach and descent as for Øst pillaren (page 71). The start is approximately 200m to the right of Øst pillaren, under a conspicuous big flake, two pitches up. Pitch 3 takes a line up the right side of this flake. The route has an adventurous feel to it with some intricate route finding. It is reasonably well protected with a normal Lofoten rack.

- 1) 3, 30m. Scramble leftwards on ledges under the big flake.
- 2) 5, 40m. Step left to a big groove. Follow this and then rightwards to a stance under the left side of the big flake.
- 3) 6, 40m. Sustained laybacking up the right side of the flake. When the crack turns off-width, traverse left on a ledge to a belay.



4) 7-, 40m. Down-climb a couple of meters and then traverse left to a thin crack in a bulge. Continue into a right-facing corner with a thin crack. Delicate moves up this leads to a stance in a small niche.

- 5) 5, 40m. Up to a big black groove to a stance on a shelf.
- 6) 5, 60m. Traverse downwards and right to reach a right-facing groove. Climb straight up to the big grassy ledge.
- 7) 6-, 45m. Climb a big crack in a groove. Continue straight in cracks on the right side of another big groove.
- 8) 6, 50m. Straight up in a continuous finger-crack on a bulge, then step right and up into a wide formation.
- 9) 6-, 40m. Cracks on the right side of a big corner lead to a stance at a small shelf.
- 10) 6-, 45m. Traverse down and right to a big groove. Continue up cracks in a right-facing corner to belay on a ramp to the right.
- 11) 7, 40m. Step left into a steep corner with a thin crack. Awkward moves lead to a ramp that goes left to a small corner and the top-out.

**Descent** - Traverse left to reach the grassy patches that lead upwards to the ridge. It is probably better to reach the ridge early than to traverse low. Follow the ridge westwards all the way down until it is possible to scramble down left. Allow 1 hour for the descent.

FA. Andreas Holm, Ola Kalen 3.7.2009

Eggum - page 79

**15** Lukket projesjext

This project is now open - go for it!

Eggum - page 81

**26** Alopølsa

Is nearer 25m than the 15m given.

**27** Alopils,

The lower-off should be higher, almost level with that of Gullpils.

Rørvika - page 90

There are a couple of new routes on the Rock and Roll wall.

**5a** Queen of Rock 'n' Roll. . . . .   5

The well-protected crack.

FA. Jonas Dalstrup, Otto Romfo 1.8.2009

**7a** King of Rock 'n' Roll . . . . .   7-

From 15m up Tom Jones follow the thin crack straight up the face above. Good.

FA. Jonas Dalstrup, Otto Romfo 1.8.2009

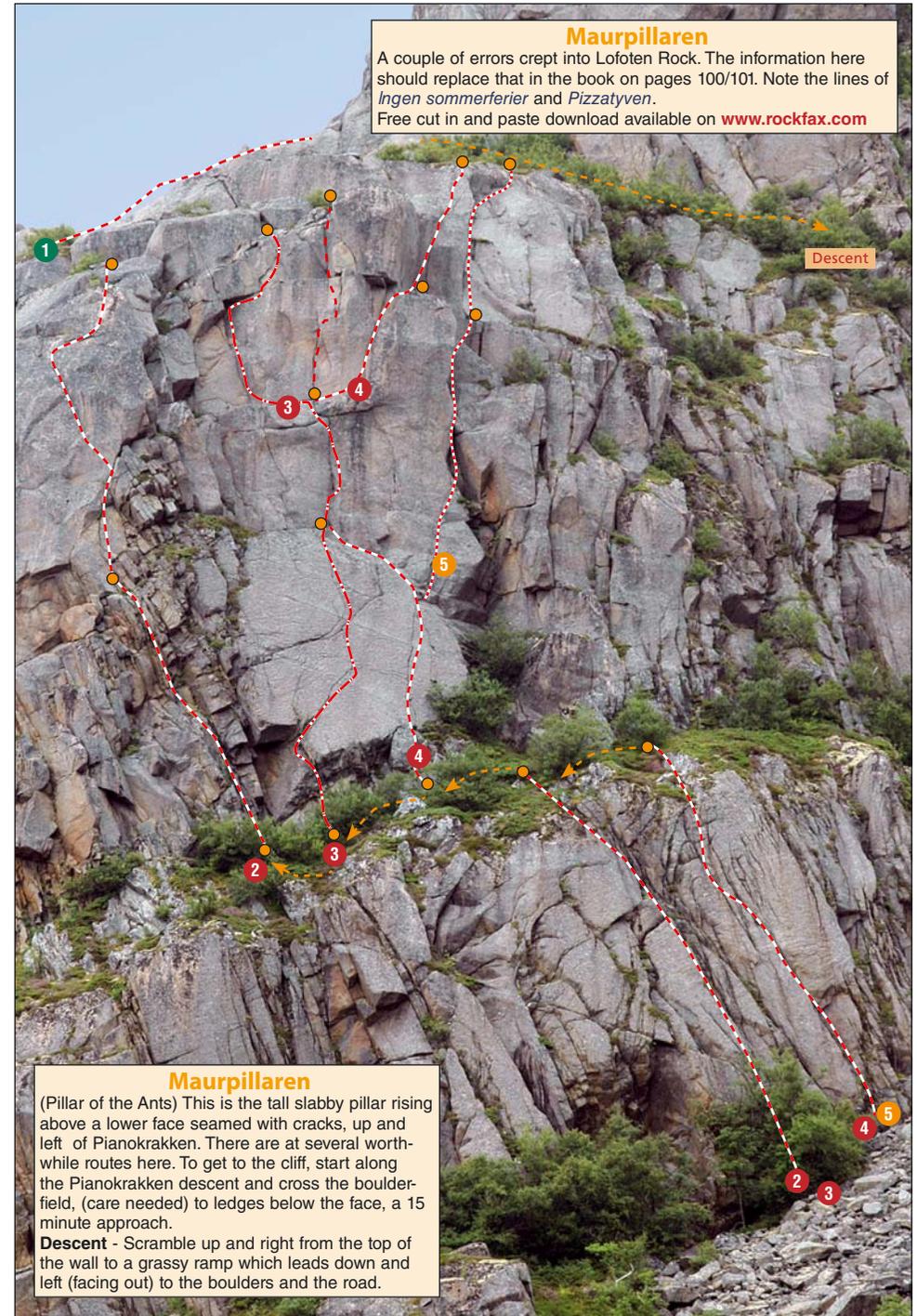
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**Maurpillaren**  
A couple of errors crept into Lofoten Rock. The information here should replace that in the book on pages 100/101. Note the lines of *Ingen sommerferier* and *Pizzatyven*. Free cut in and paste download available on [www.rockfax.com](http://www.rockfax.com)

**Maurpillaren**  
(Pillar of the Ants) This is the tall slabby pillar rising above a lower face seamed with cracks, up and left of Pianokrakken. There are at several worthwhile routes here. To get to the cliff, start along the Pianokrakken descent and cross the boulderfield, (care needed) to ledges below the face, a 15 minute approach.  
**Descent** - Scramble up and right from the top of the wall to a grassy ramp which leads down and left (facing out) to the boulders and the road.

**1 Pederson Ridge** . . . . .  4  
See guidebook page 100 for line and description.

**2 Kjærlighetens kjøtere** . . . . .  6  
90m. (*Love Dogs* - a Norwegian film) Takes a line up the blocky left arete of the face then on up the cleaner rock above.  
1) 5- 25m. As for *Ingen sommerferie* to the ledge, then move left and belay below the blocky groove that splits the arete.  
2) 6, 35m. Start up loose corner, then climb a continuation corner to reach a belay on the left.  
3) 6-, 30m. Climb the groove then trend left up slabs and cracks until easy scrambling leads to the top.

FA. Odd Roar Wiik, Arild Meyer 9.1996

**3 Ingen sommerferie** . . . . .  6+  
85m. (*No Summer Holiday*) A worthwhile route with escalating difficulties, making the most of the left-hand side of the face.  
1) 5-, 30m. Start just to the right of big bushes, climb a nice crack up to the big ledge. Move left to a belay below the undercut left-hand corner of the slab.  
2) 6-, 25m. Weave between the overhangs to access the bottom left corner of the slab then climb cracks up to its top right corner the balance left to a bolt belay. A good pitch.  
3) 6, 12m. Climb the steep groove above with hard moves at the top, then exit left to a good ledge.  
4) 6+, 10m. Climb the crack leading towards left, then back right under overhangs to finish. It may be possible to finish out left too.

FA. Odd Roar Wiik, Niels Paulsen 12.8.1995

**4 Pizzatyven** . . . . .  6  
95m. (*The Pizza Thief*) The route follows a series of cracks and corners which start on the steep slab at the cliff's base. Originally and aid climb done in the depths of winter, it is still used for aid training on occasions, but hammerless only please.  
1) 5- 30m. Climb the near-parallel finger cracks to the big ledge then traverse the grassy ledge leftwards to a belay under the right arete of the big slab.  
2) 5-, 25m. Start up the obvious crack system on the right side of the bottom slab and at its top balance left to a small stance and bolt belay.  
3) 6, 10m. Climb up a steep corner, climbing leftwards through the overhang to a belay on a good ledge.  
4) 6, 15m. From the right end of the ledge climb the left-facing corner to reach the comfort of a large ledge under the roofs.  
5) 5+ 15m. At the back of the ledge climb the steep groove, then after a few metres, switch to the crack on the right. Finish up easy slabs.  
4a) Direct Finish 7- 24m. The the easy flake above the belay spike leads to a desperate rightwards mantel onto a ledge. Easy cracks and corners remain.

FAA. Odd-Roar Wiik (solo) 11.1993 as *Teknisk Trening (Aid Practice)*.  
FFA. Odd Roar Wiik, Thorbjørn Enevold 6.1995. The guys had planned on Presten but ended up in the Cafe making pizza for tourists. Eventually they nicked a couple of slices and headed off to free this fine route.  
FRA. The Direct Finish was done by Colin Binks and Chris Craggs in 6.2008, though it may well have been done before. The harrowing rightward mantel was the first indication that the line in the guide might not be quite right.

**5 Ant Line** . . . . .  5+  
85m. A worthwhile climb at a lower grade which makes the most of the right-hand side of the cliff. Should be popular.  
1) 5- 30m. Climb the near-parallel finger cracks to the big ledge then traverse the grassy ledge leftwards to a belay under the right arete of the big slab, all as for *Pizzatyven*.  
2) 5+, 40m. As for *Pizzatyven* climb the finger cracks up and right up the slab until the chimney on the right can be accessed. Follow this chimney for 20 metres passing some overhangs to reach a small ledge.  
3) 5-, 15m. A short steep groove with a rightwards exit completes the route.

FA. Haakon Christiansen and Niels Poulsen climbed the first pitch in 7.1988. A few days later, Kjell Ove Storvik and Niels Poulsen completed the route.



The team (Colin climbing, Chris sat in the ant-heap) about to discover the error in the description of *Pizzatyven* (6).

Pianokrakken - page 102-105

**2a Fremdeles Tapir** . . . . .  5  
50m. (*Still Tapir*) A pleasant pitch up cracks and corners above the bolt belay (which has been replaced) of *Tapir*.  
FA. Jonas Dalstrup, Otto Romfro 2009

**NOTE** - An abseil anchor has been placed above the eroding steep and loose gully that is the normal scramble descent from the crag. This should make the descent safer and give the eroded gully a chance to heal.

Djupfjord, Bare blåbær - pages 112-116

As might be expected there has been a bit of a mini-goldrush up here, picking off some of the more obvious lines that the new topos presented! There are still gaps there for the taking, though the gems have been picked - well maybe!

On page 114, 150m left of *Bare blåbær*, is a prominent corner with roof and ledge. There are two new single pitch routes here.

**0a There is to Do** . . . . .  6-  
40m. Start up flakes left of the corner to gain and climb the crack. Abseil off from the *Coley Smoke* descent abseil point.  
FA. Kristian Westerlund, Johanna Wernqvist 2008

**0b Job to Do** . . . . .  5+  
40m. Boulder onto a ledge then move right to climb cracks in the slab. Finish and escape as for the last route.  
FA. Kristian Westerlund, Johanna Wernqvist 2008

**4a Bare blåveis** . . . . .  6  
195m. The line on the left-hand side of the buttress was spotted by several teams! Scramble up the wide gully for 20m to gain the base of the crack.  
1) 6, 35m. Climb the lovely crack to a good belay ledge.  
2) 6, 46m. Continue up the crack, passing an overlap, until it fades. Four bolts mark the line to a two bolt belay.  
3) 5-, 40m. Climb past a couple of bolts and into the groove. Belay before it deepens.  
4) 4, 45m. Follow the groove and belay 10m beyond its end  
5) 4, 30m. Head up the slabs to the *Bare blåbær* abseils.  
FA. Rolf Bae, Robert Caspersen, Jonas Dahlstrup, Eiliv Ruud 24.6.2008

**4b Filling in the Blanks** . . . . .  6-  
A new route between *Bare Blåveis* and *Bilberries*. It is a great line, a bit bold out from the belay then a fantastic finger-crack, and some good cracks and flakes to the top.  
FA. Jonas Dahlstrup, Simon Svendsen 5.6.2009

**5 Bare blåbær**  
This classic remains as popular as ever, expect to have to queue in the high season. Pitch 7 is 50m to the belay. There are several abseil points not marked on the topo. Unless you have 100m doubles, abseil using the belays above pitches 7/6/5/4 then continue down the groove as marked on the topo.



Coley Smoke

Bare blåbær

Djupfjord, Pillaren - pages 120

6a Triumfbuen . . . . . 6

268m. Another long climb, basically following the Black Arch. Pitch 3 will be wet after rain and there are some massive 'loose' blocks and flakes along the way.

1) 4-, 40m. Slabs and cracks lead to the start of the arch.  
2) 5-, 45m. Climb the corner system past a ledge to a 2nd one.

3) 6, 55m. Continue up the corner and head right under the overlap to the continuation. Follow this to a roof with a groove on the right, good holds lead to a stance just above.

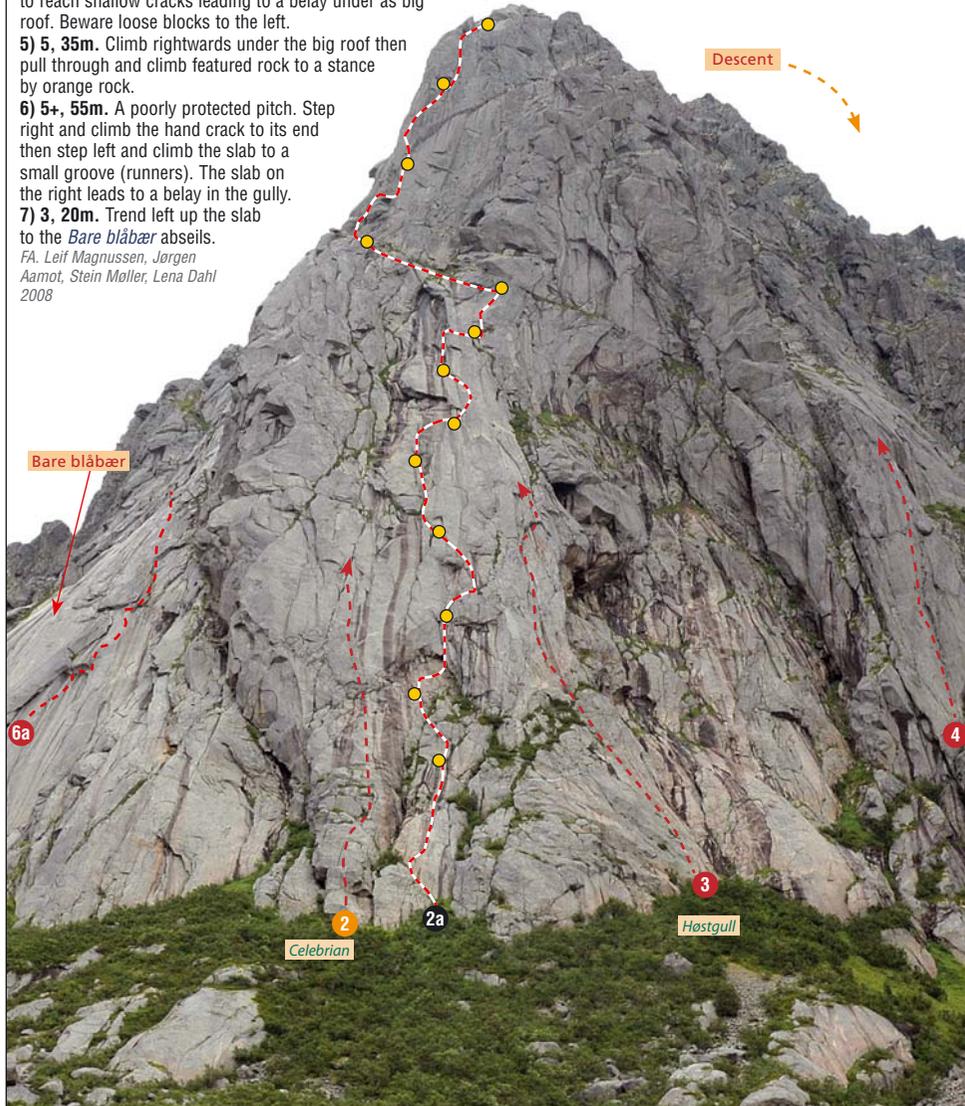
4) 5-, 18m. Traverse the slab under the big block on the right to reach shallow cracks leading to a belay under as big roof. Beware loose blocks to the left.

5) 5, 35m. Climb rightwards under the big roof then pull through and climb featured rock to a stance by orange rock.

6) 5+, 55m. A poorly protected pitch. Step right and climb the hand crack to its end then step left and climb the slab to a small groove (runners). The slab on the right leads to a belay in the gully.

7) 3, 20m. Trend left up the slab to the Bare blåbær abseils.

FA. Leif Magnussen, Jørgen Aamot, Stein Møller, Lena Dahl 2008



2a Goodbye High School . . . . . 7-

460m. A line up the long buttress between Celebrian and Høstgull before eventually trending away left to finish as for the former.



4a Danske Ruta . . . . . 6+

c300m. "The sharp ridge between two big nasty gullies. 12 pitches and some scrambling. Approach as for Høstgull, a fun climb that will challenge all of your climbing skills".

The first three pitches are above the lower section of Elgfesten.

1) 5. Easy crack climbing

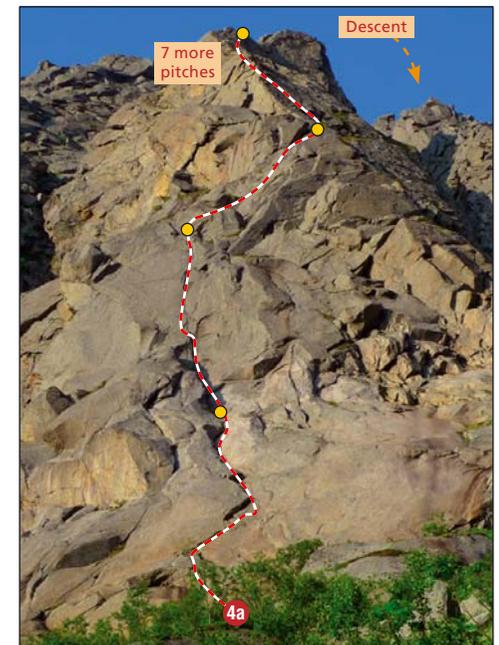
2) 6+. The thin crack line, quite a sustained pitch.

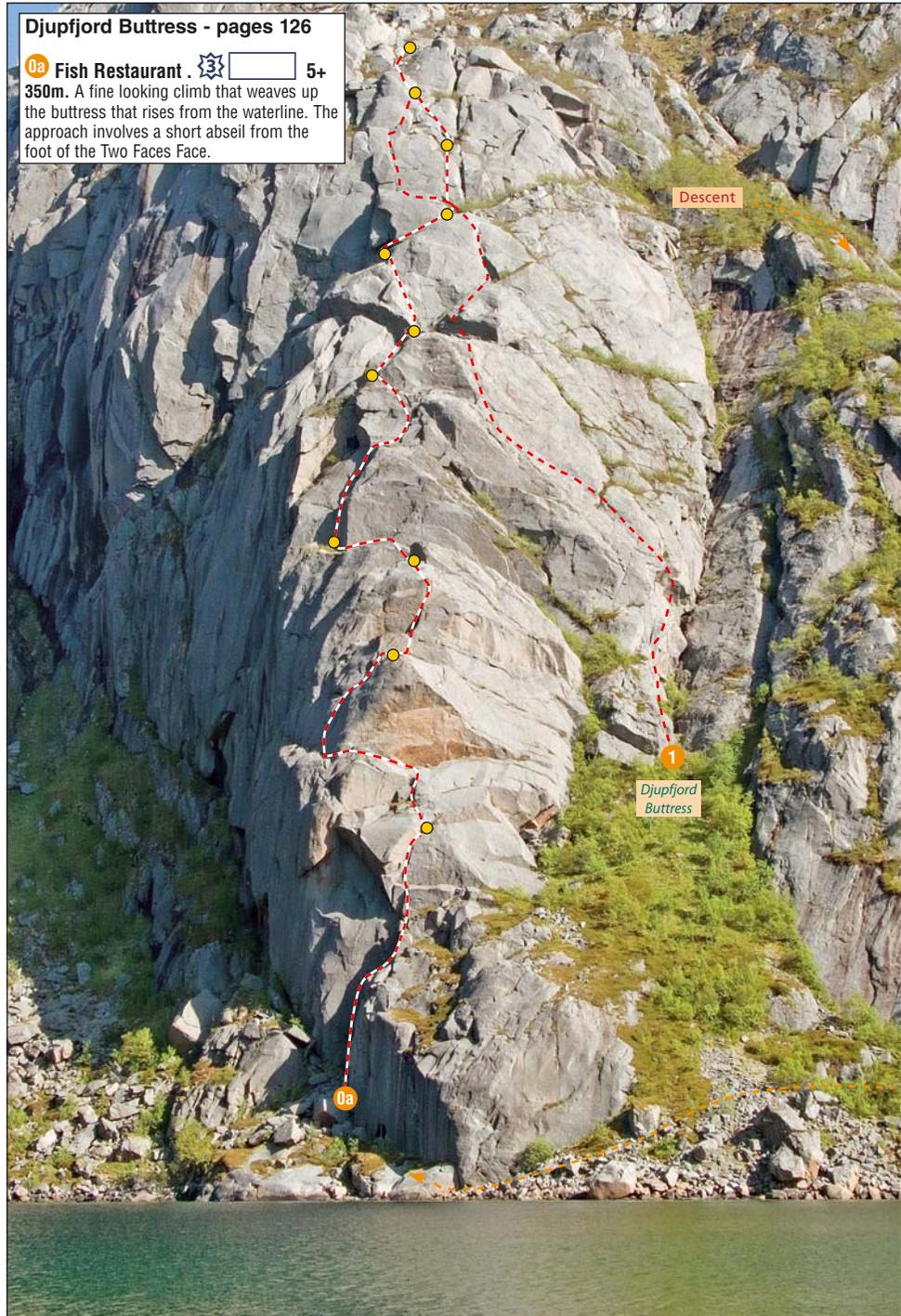
3) 5-ish. Broken crack up the ridge/shoulder

4) - 11) 3. The ridge, varied climbing, cracks, arete and slabs.

Descent - Walk towards Vågakallen along the ridge making a short abseil. This is same descent as for Celebrian/Høstgull.

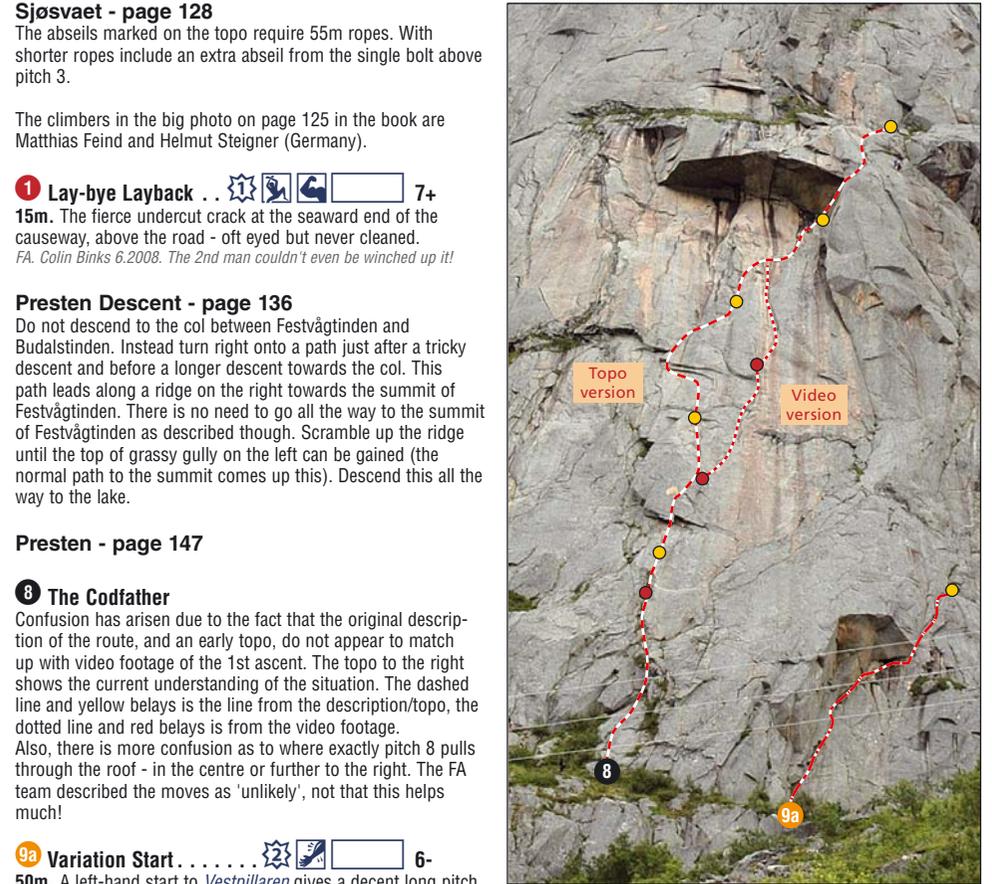
FA. Jonas Dahlstrup, Simon Svendsen 2008





**Djupfjord Buttress - pages 126**

**0a Fish Restaurant** . . . . . 5+  
 350m. A fine looking climb that weaves up the buttress that rises from the waterline. The approach involves a short abseil from the foot of the Two Faces Face.



**Sjøsvaet - page 128**

The abseils marked on the topo require 55m ropes. With shorter ropes include an extra abseil from the single bolt above pitch 3.

The climbers in the big photo on page 125 in the book are Matthias Feind and Helmut Steigner (Germany).

**1 Lay-bye Layback** . . . . . 7+  
 15m. The fierce undercut crack at the seaward end of the causeway, above the road - off eyed but never cleaned.  
 FA. Colin Blinks 6.2008. The 2nd man couldn't even be winched up it!

**Presten Descent - page 136**  
 Do not descend to the col between Festvågntinden and Budalstinden. Instead turn right onto a path just after a tricky descent and before a longer descent towards the col. This path leads along a ridge on the right towards the summit of Festvågntinden. There is no need to go all the way to the summit of Festvågntinden as described though. Scramble up the ridge until the top of grassy gully on the left can be gained (the normal path to the summit comes up this). Descend this all the way to the lake.

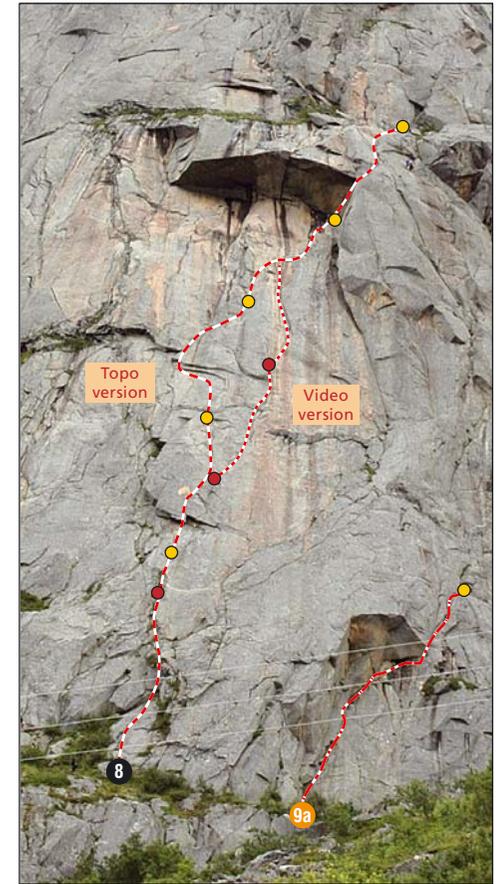
**Presten - page 147**

**8 The Codfather**  
 Confusion has arisen due to the fact that the original description of the route, and an early topo, do not appear to match up with video footage of the 1st ascent. The topo to the right shows the current understanding of the situation. The dashed line and yellow belays is the line from the description/topo, the dotted line and red belays is from the video footage. Also, there is more confusion as to where exactly pitch 8 pulls through the roof - in the centre or further to the right. The FA team described the moves as 'unlikely', not that this helps much!

**9a Variation Start** . . . . . 6-  
 50m. A left-hand start to Vestpillaren gives a decent long pitch with good crack-climbing and laybacking. See topo to right.  
 FA. Jonas Dahlstrup, Simon Svendsen 6.2009

**Presten - page 150**

**12 Himmelen kan vente**  
 This is reported to be a brilliant route! The aid move up the thin crack on pitch 2 has been free climbed (7) by Frej Wichmann. It is best to stretch that first pitch to belay at the start of the wide crack. This avoids a 60m second pitch starting with a 15m traverse. See topo on the next page.  
 Also the traverse that starts the current pitch 2 is wrong on the topo. It just right of the marked line up wide diagonal crack (visible in the photo) up to the grassy ledge and then slightly down to the left to the start of the crack.  
 Pitch 7 has the line on the topo a little too direct. It should be drawn heading to the left, round the left end of the small roof/overlap and then further left to a right leaning crack (almost reaching the line of Vestpillaren original finish).



**13 Variasjon til en variasjon**  
 This is a very nice little variation - a good way to pass slower parties on pitch 3 - and also well worth doing on its own.

**14 Klokkeren**  
 It states that the FA party on Klokkeren used some aid on pitch 7. This should probably read 'on pitch 8'. The discrepancy seems to originate from Climbing in the Magic Islands.

**16 The Altar Boys** . . . . . A3/6-  
 Clean aid up the thin crack right of Himmelen kan vente.  
 1) 5, 50m. As for Himmelen kan vente (the correct start - see left) to a stance on the grass ledge.  
 2) A3, 45m. Free climb out right then clean aid the soaring thin crack to a good stance at its end.  
 3) 6-, 40m. Follow the groove right for 25m then climb through the overlaps. Loop back over to the left to the fixed abseils.  
 FA. Jonas Dahlstrup, Jonatan Rask 30.9.2009



Gandalf, Tynne ting - page 150

- 7a Nøtteliten** . . . . . [ ] 6  
95m. An extension to *Nøttolfs fristelse* (pitch 1 of which is probably overgraded in the guidebook).  
1) 6, 25m. Start with the first pitch of *Nøttolfs fristelse*, to a belay on the big ledge.  
2) 5, 45m. Climb the groove above then the crack on the right until easier ground leads to a belay at a small ledge at the base of a nice dihedral.  
3) 6-, 25m. Climb the dihedral, then steer left to a bolted belay.  
FA. Odd-Roar Wiik, Mie Kastet 11.7.2008

Gandalf, Gandalf - page 163

- 11a Smeagul** . . . . . [ ] 5+  
Plugs the 'obvious' gap between *Gollum* and *Lost Gandalf*. Nice climbing with 'a rather Grit-feel' to it. The first pitch climbs cracks to the belay on *Gollum*, the second trends left up unlikely looking ground to a groove and then a hand crack. Choose a finish.  
FA. Jonas Dahlstrup, Simon Svendsen 2008

- 14 Gandalf**  
The original finish (straight up from the Eagle's Nest) is quite fun - and probably only 6.

Gandalf, Silmarillion - page 166

- 4a Brysselsteget** . . . . . [ ] 7+  
To the right of *Silmarillion* is a prominent wall with black streaks. Walk up right from *Silmarillion* to a black cave.  
45m. Climb the left-leaning crack past a large detached flake to an abseil anchor - uphill!  
FA. Calle Martins, Per Forsberg 8.2008

Festvåg, Spring Wall - page 172

- 1a Gammelosten Left-hand** . . . . . [ ] 5+  
40m. Climb the left-hand of the twin cracks until forced right. Pull over the lip as for *Gammelosten* then move out left and climb the slab, using discontinuous cracks for protection.  
FRA. Rick McGregor, Ursila Huuva, 27.6.2007

Festvåg, Månedans - page 172

- 4a Myror i ballorna** . . . . . [ ] 6+  
30m. (*Ants in the Pants*). An alternative start to *Singer*. Start to the left of a low cave as for *Singer*. Climb the right-hand crack above to finish at a birch tree on the grass ledge. Abseil off or continue up *Singer*.  
FA. Rick McGregor, 29.6.2000

Store Festvåg - page 175

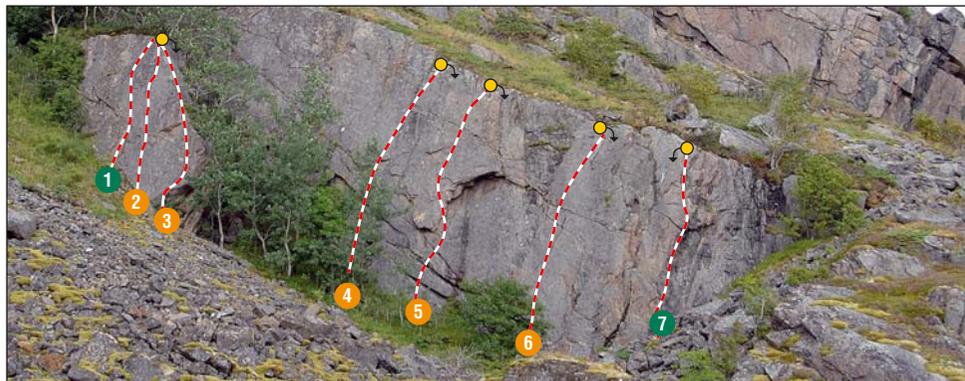
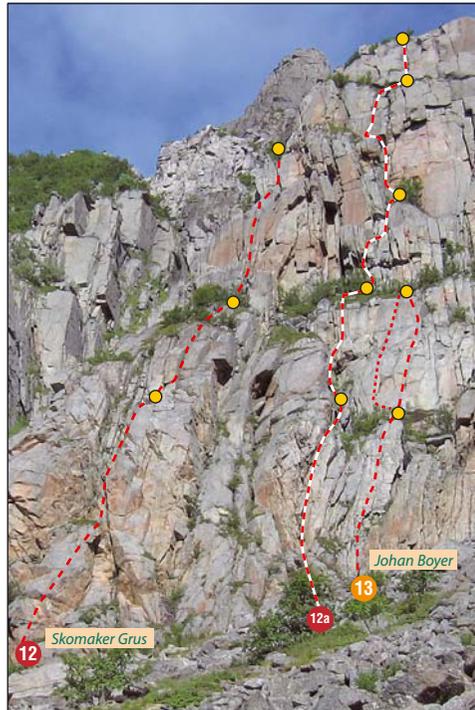
- 12a Fisherman's Friend** . . . . .  7- 120m. A worthwhile climb up the left-hand side of the face.  
**1) 5+, 30m.** Climb the broken arete then step right into the large groove and belay just above.  
**2) 7-, 20m.** Climb through a small overhang and continue up pleasant cracks to a large ledge.  
**3) 56-, 15m.** Head left up the chimney/groove then escape out right to good cracks and a little higher a ledge.  
**4) 6-, 30m.** Start up a finger crack then head left up more cracks to reach a belay in a small niche.  
**5) 5+, 25m.** Follow corner system to the top.  
 FA. Mathias Strömqvist, Jonas Dahlstrup, Helen Larsson

- 13 Johan Boyer**  
 The start of pitch two can be done free at about 6 by a swift layback/finger jam move.  
 FRFA. Colin Binks, Chris Craggs June 2008

Store Festvåg - page 177

- 24a Byger** . . . . .  6- 50m. Two pitches of nice climbing up the line left of Fire Forsøk. Finish up this (7-) or move right to the top one of Four Pitch Route (5+).  
 FA. Odd-Roar Wiik, Ketil Lunde 1995

- 26 Four Pitch Route**  
 FA. The 2nd man on the Crack Direct was Johan Sandberg.



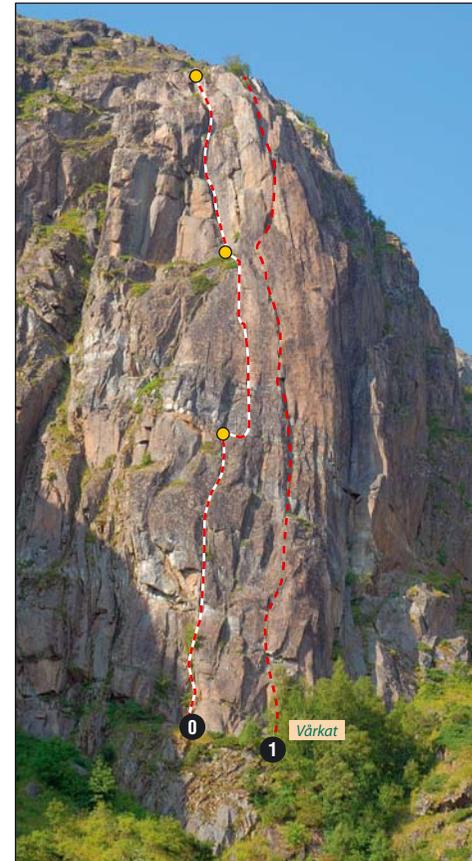
**Junior vegg**  
 Just before the first road bridge to Henningsvær is parking on the left. Above this is a rocky hillside with an slabby face below a steep black wall. Seven short sport routes have been added here by Jonas Dahlstrup. They have already proved to be popular.

- 1 Ole** . . . . .  4+  
**2 Dole** . . . . .  5-  
**3 Doffen** . . . . .  5

- To the right the face is a taller and the routes are a bit better:  
**4 ?** . . . . .  5  
**5 ?** . . . . .  6-  
 The best and hardest here. Climb flakes past the right end of the overlap to a tricky finale.  
**6 ?** . . . . .   
**7 Smågodt** . . . . .  4+  
 The easier line near the edge of the wall.

Jomfrau pillaren - page 186

- 0 Den Siste Sommaren**, . . . . .  7+  
 On the Jomfru Pillar, this route was put up by Finnish climbers with a rest-point (due to a fall) at 7 and A0, and was free climbed a little while later at 7+. The 2nd ascent team found the last pitch to be very loose but they may have gone the wrong way. According to the FA team, the original last pitch wasn't cleaned and it goes straight up from the last belay.  
 FA. Anttimankinen?  
 FFA. Magnus ?, Frej Wichman 2008



Jomfrau pillaren - page 186

Geitvika

- 4 Pan**  
**3)** The steep vertical grade 7- (crux) crack can be avoided by climbing the crack on the right (which leads back left to the top of the original crack) at about grade 6-. It has been suggested that the original crack is in fact only 6+.  
 FFA. Rick McGregor, Eric Grund 27 .7.2007

Migan pillaren - page 190

- 11a Asturia Route** . . . . .  7-/A1  
 It appears that this actually tackles the buttress marked as Migan pillaren on (page 190 in the guide). Start at the toe of the buttress.  
**1) 6-, 45m.** Cracks, grooves and then a slab lead right to a stance by a tree.  
**2) 5, 45m.** More cracks and grooves to a ledge. Peg belays.  
**3) 6-, 40m.** Move out left past a block then trend left up the slab then the crack to a ledge on the right. Bolt belay?  
**4) 7- & A1, 55m.** Climb the big groove (aid) then the crack round to the left (crux) to a ledge. Peg belays.  
**5) 5 & A1, 55m.** Trend left then right before heading back left (bolt) where a bit of aid gains a groove. Ledge with peg belays.  
**6) 5+, 30m.** Climb the face above to the top. Bolt belay.  
**Descent** - Abseil back down the line using the fixed belays.  
 FA. Augel Castro, Miguel Angel Adrados 25 July 2008

- 12 Migan pillaren**  
 The line for this route on the pictures on page 190/191 is marked on the wrong buttress. The correct buttress is the one with the caption "one of the better-looking unclimbed buttresses along the coast". Odd-Roar Wiik got in touch to explain "that's how it goes when memories fades".

This rather neatly explains why explorers looking for a new route on this "better-looking unclimbed buttress", "came across an old belay after 50m (with a ring peg and a flat peg covered in green plastic). At the top of the second pitch we reached some abseil slings and a bolt that looked brand new!" They also commented that the line continues on the right side of the buttress following a beautiful right-facing corner up to a crack that goes diagonally up left to another right-facing corner and then up to a large grass ledge and looked "brilliant"

Paradiset - page 210

The Demonstrant routes, and the rest of the climbs on that page, are in two separate gullies (close to each other) rather than in the same one as shown on the map.

A couple of extra line are available here, though it is likely they were done years ago. The use of FRA (First Recorded Ascent) recognises this fact.

- 3a Demon Rib** . . . . .  5+  
 The crack and arete just to the right of Demonstranten has some good moves.  
 FRA. Colin Binks, Chris Craggs 6.2008

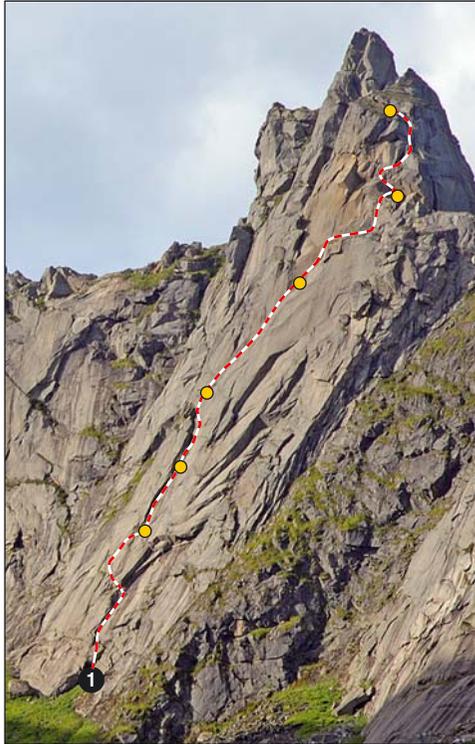
- 4a Demo Route** . . . . .  6+  
 The disappearing crack in the wall has fierce moves where it end to reach a ledge. Move out right then back left to finish.  
 FRA. Colin Binks, 6.2008

- 5 Master Class**  
 This finishes up the right-hand crack, not the left one. The short may find the start hard to do and hard to protect as well.

Øverdalen, Lille Vågakallen - page 228

The following route is on the Lille Vågakallen south face buttress marked on the photo on page 228.

- 1 Sweet Home Moravia . . . . . 7-/A2 260m. A fine-looking route up the grooves in the centre of the south face and on through the overhangs that crown its upper right-hand edge. No further details are known.



Øverdalen, Alkoholveggen - page 230

The easiest approach may be to follow the right-hand side of the stream into the valley. This is clean rock, it removes the need to get involved with the marshy ground up and right.

- 2a Turborg Classic . . . . . 6+ 225m. The line left of Famous Grouse gives good climbing. Bring RPs, some small cams and at least one BIG cam.
  - 7-, 50m. Climb good flakes until forced left into the next system.
  - 6-, 40m. Climb straight up to the overlap then undercut rightwards before face climbing to a good stance.
  - 6, 45m. Place some high gear in the groove above then traverse left into the corner. Climb this - sustained - to a ledge.
  - 5+, 45m. Follow the overlap then pull through to reach the superb crack. 'Hero-climb' this to a stance.
  - 5, 45m. Follow the crack then step right to join Sex on the Beach. Finish up this.

FA. Jonas Dhalstrup, Simon Svendsen 5.7.2008



- 4 Rom and Cola
  - 60m. 10m longer than given in the guide.
  - The peg runner has gone.
  - This pitch is best split (at a fixed abseil point) where it changes direction to cut down the rope drag.

Descent - The original (right-hand) descent is a bit of a grotty experience. Descent the ridge eastwards for about five minutes making two short abseils, then abseil down the huge grassy gully, from a tree, then fixed slings. 60m ropes needed.

Kallebukta, Honnikornsvaet - page 237

- 2 Puffrisset . . . . . 6
 

This route is harder and not quite as good as suggested, plus two of the pitches need clarifying. Gritty early in the season.

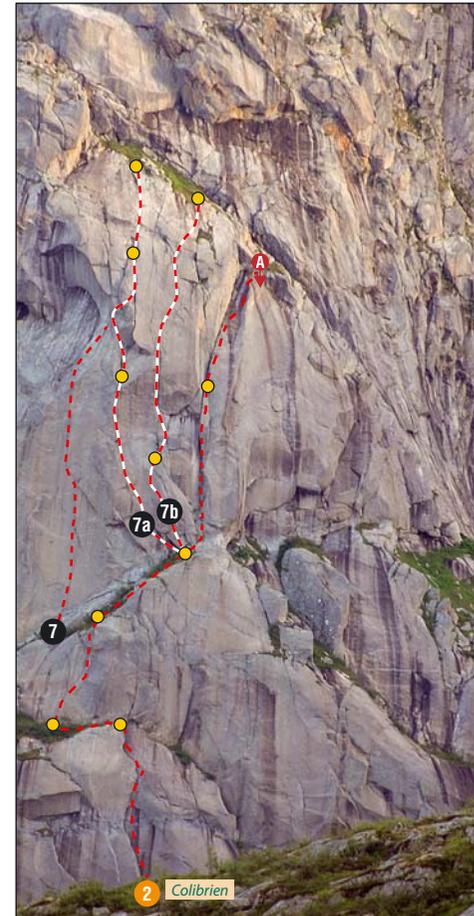
  - 5, 30m. Climb up left then right on grass ledges to the flake, then move right and continue up more flakes and cracks to a small stance at the foot of the main crack.
  - 6, 30m. Traverse right, across ledges, and up a flake to below a slab. Climb up then move right to gain a spike runner (last gear). Move back left and trend left to the top of the brown streak and a dirty finish.

Øverdalen, Alkoholveggen - page 239

Two teeny routes have been claimed to the right of Apa, though it is likely these have been done for years.

- 6 Chimp . . . . . 6- 15m. The crack and flake 10m right of Apa.
- 7 Lemur . . . . . 5+ 8m. The corner with a shallow crack 5m right of Chimp.

FRA. (Both) Rick McGregor, 24.7.2006



Trollfestingen, Spurven - page 248

Two of the more obvious cracks on the upper section of the face have been climbed.

- 7a Kingfisher . . . . . 7-
  - 55m. The groove left of Havørnen. Climb past a small overhang to a stance in a short groove (two bolt runners).
  - 25m. A short pitch up the left-hand side of the huge block. Belay under an off-width.
  - 30m. Easier ground to the top.

FA. Erik Grunnesjö, Mathias Stromqvist 31.7.2008

- 7b After Work . . . . . 7-/A0 50m. The steep straight crack where Havørnen bends over to the right. Bring a big cam.

FA. Erik Grunnesjö, Jonas Dhalstrup 28.7.2008



Lille Vågakallen, North Face

Lille Vågakallen is the last peak at the right-hand (western) end of the ridge. See page 252 for the location.

- 1 Til ungdommen . . . . . 6+/A1
 

Approach from the Trolldalen/Trolls' Fortress parking - minimum 1.5 hours to the base of the wall.

  - 5+, 35m. Start under the huge central back streak and tend right to a grassy ledge.
  - 6, 30m. A serious right-trending pitch with both loose rock and poor pro!
  - A1/6, 25m. Head through the bulges above the stance. This may go free, but it will be hard.
  - 6+, 40m. Superb! Direct until things start to bulge then trend left to a stance below groove.
  - 5, 40m. Move out left then head for the top.

Descent - Three abseils get you back to the base of the wall.

FA. Odd-Roar Wiik, Mie Kastet 12.7.2008

Kabelvåg, Sandvika - page 261

- 1 Ridderne av Niih
 

More like a rope-protected boulder problem. Skipping the second bolt, it's fine as long as you don't fall from the top!
- 8 Rage of Honor
 

Very fine climb on good holds all the way. The crux between fourth and fifth bolt gives a hard pump
- 12a Campingliv . . . . . 7
 

A short strenuous new route that climbs direct to a shared anchor with Turboelskeren,
- 13 Turboelskeren
 

The crux is the first move. Very easy climbing on sloping holds follows, highly enjoyable!.
- 14a Halv fart . . . . . 7
 

The black wall to a lower-off on the slab above.
- 14b Bånn hyling . . . . . 8-
 

The smooth extension to Halv fart.

FA. Mie Kastet 7.2008



Ptarmagin Slabs - page 289

**1 Ptarmigan Slabs**

This is a better photo-topo of the route.

**2 Den Engelske Turist** . . . . .   **4+**

**350m.** (*The English Tourist*). To the right of Ptarmigan Slabs is an green streak of rock running the height of the slabs. This route takes a good line to the right of the slabs, staying close to the left-hand side of the slabs just right of the 'green streak'. Particularly good climbing in the upper pitches.

Approach and descent as for Ptarmigan slabs.

- 1) **3, 45m.** Start just right of the green rock in the centre of the slabs and follow the cracked slab straight up to good ledges.
- 2) **3, 45m.** Follow the same line up slabs to a belay overlooking the left edge of the slabs.
- 3) **4+, 50m.** Move up and left through a small overlap, then up slabs to a diagonal crack slanting right up a steep slab, hand traverse up this, then follow slabs straight up to ledges.
- 4) **3, 50m.** Head straight up easy slabs, taking a line heading towards the big obvious overhang higher up. Belay at a big horizontal crack before the slabs start to steepen.
- 5) **4+, 45m.** Climb up the unprotected slab straight up to a nut belay under the big overhang.
- 6) **4+, 55m.** Traverse delicately left under the overhang (maybe wet) into the corner. Follow this up to easy slabs keeping just right of the green rock. Belay at a large grass ledge.
- 7) **4+, 60m.** Traverse up and left up the unprotected slab to reach a loose flake on the arete. Climb the deep corner above leading to good climbing up the cracked arete to a good ledge.
- 8) **30m.** Easy Climbing and scrambling to the top.

FA. Paul Josse and John Venier 17.7.2008

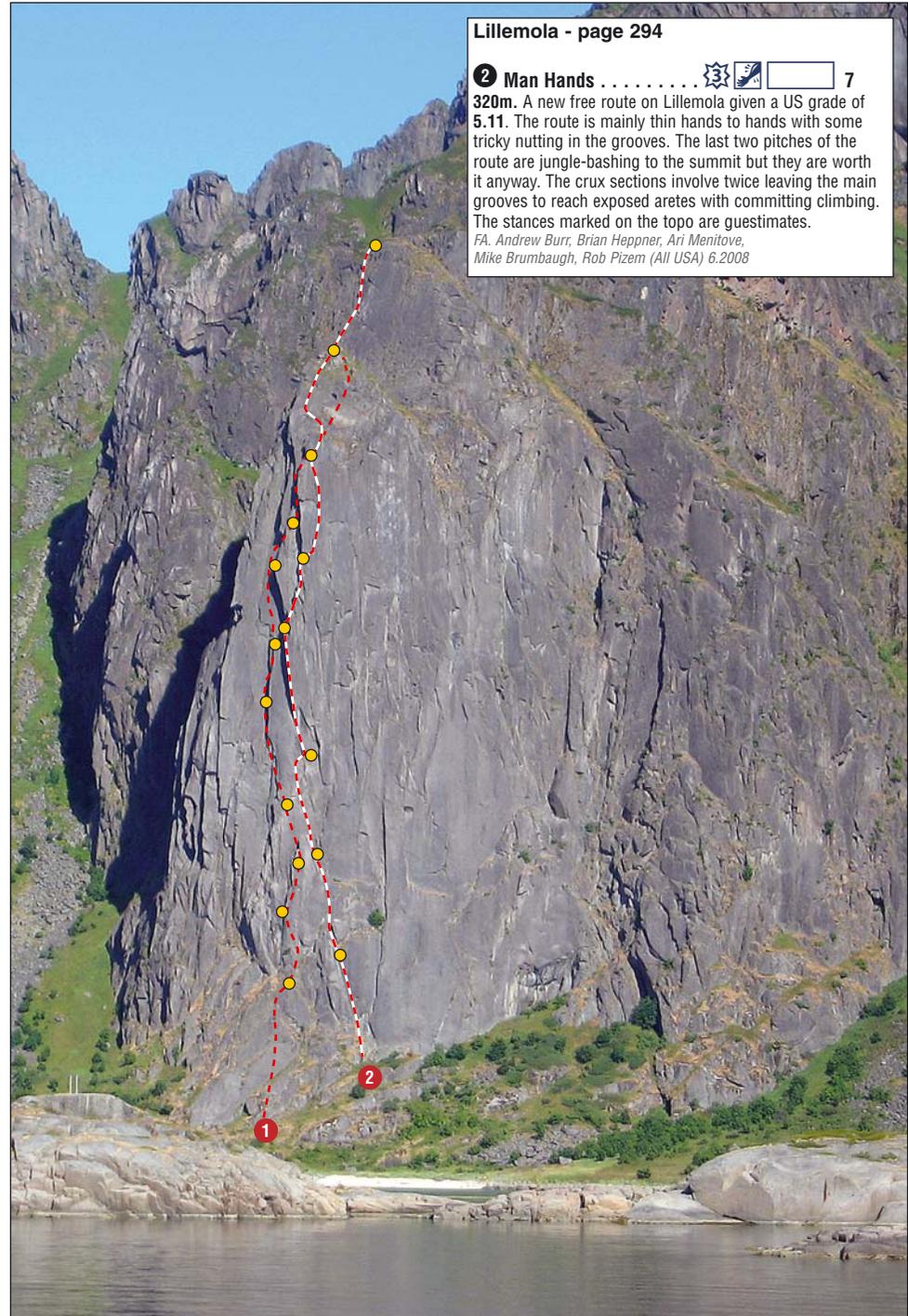
**3 Hellskartindan Slabs** . . . . .   **3+**

This route takes the slabs in the photograph on page 289 of the guide. It offers a long, "VDiff" mountaineering day on great rock with the option of continuing to the peak of Hellskartindan. The main bulk of the route takes the clean slabs above the band of overhangs. The route is laid back and on clean rock.

**Approach** - The route lies on the North flank of the peak of Hellskartindan. Park at the end of Ternvatnan lake, and walk up to the foot of the slabs.

- 1) **3, 60m.** Start at the lowest slabs and climb trending slightly right to belay at the right hand side of the big tree filled ledge below the obvious overhangs.
  - 2) **3+, 40m.** Climb the unprotected slab to the left of the corner to a small ledge below the overhangs.
  - 3) **3+, 40m.** Climb up and right through a break in the overlaps and belay on the large ledge above the overhangs.
  - 4 to 11) **3/4, 250m.** Climb the upper slabs in around 7 pitches all on great rock. Much scope for variation.
- Descent** - Walk well north into the valley to the left of Hellskartindan, then descend steeply down to the river (dried up when we were there) at the foot of the valley. Follow this to the road. It may also be possible to descend the steep gully to the right of the slabs.

FA. Terje Lokken, Paul Josse, Steve Brown, John Venier 26.7.2008



Lillemola - page 294

**2 Man Hands** . . . . .    **7**

**320m.** A new free route on Lillemola given a US grade of **5.11**. The route is mainly thin hands to hands with some tricky nutting in the grooves. The last two pitches of the route are jungle-bashing to the summit but they are worth it anyway. The crux sections involve twice leaving the main grooves to reach exposed aretes with committing climbing. The stances marked on the topo are guesstimates.

FA. Andrew Burr, Brian Heppner, Ari Menitove, Mike Brumbaugh, Rob Pizem (All USA) 6.2008