

Lake District Climbs

Mark Glaister

Text and photography by Mark Glaister
Additional photography Alan James
Other photography as credited
Edited by Alan James and Rebecca Ting
Printed in Europe LF Book Services Limited
(ISO 14001 and FSC certified printers)
Distributed by Cordee (cordee.co.uk)

All maps by ROCKFAX
Some maps based on original
source data from openstreetmap.org

Published by ROCKFAX in November 2019
© ROCKFAX 2019

rockfax.com

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying or otherwise without prior written permission of the copyright owner. A CIP catalogue record is available from the British Library.



This book is printed on FSC-certified paper made from 100% virgin fibre sourced from sustainable forestry

ISBN 978 1 873341 53 7

This book belongs to:

Cover: Ramon Marin on *Tarkus* (E2) - p.171 - Dow Crag. Photo: Mark Glaister
This page: Ramon Marin on The Red Edge (E1) - p.223 - Esk Buttress. Photo: Mike Hutton

Langdale
Coniston and Duddon Valley
Eskdale and Wasdale
Buttermere
Borrowdale
The Eastern Fells

INFLUENCING THE CLIMBING WORLD SINCE 1999!

Photo: Ladoza



AWESOME WALLS

CLIMBING CENTRES

AWESOME BY NAME,
AWESOME BY NATURE!!!



LIVERPOOL
0151 298 2422

SHEFFIELD
0114 244 6622

STOCKPORT
0161 494 9949

STOKE
01782 341 919

CORK
+353 21 486 7060

DUBLIN
+353 1 880 0088

Introduction	4	Brantrake Crag	212
The Rockfax App	8	Esk Buttress	218
Symbol, Map and Topo Key	10	Heron Crag	228
Other Guidebooks	12	Scafell	232
Advertisers	14	Pikes Crag	258
Acknowledgements	16	Kern Knotts	262
Rockfax Publications	18	The Napes	268
		Buckbarrow	278
Lake District Logistics	20		
General Information	22	Ennerdale and Buttermere	286
Camping	26	Pillar Rock	288
Huts, Barns and Hostels	28	Gable Crag	300
Pubs	30	High Crag	306
Cafes, Gear Shops and Walls	32	Eagle Crag	314
		Grey Crag	316
		Yew Crag Knotts	322
		Buckstone How	326
Lake District Climbing	34		
Mountain Rescue and Access	36	Borrowdale	330
Gear	38	Falcon Crags	334
Grades	40	Reecastle Crag	342
Sport Climbing	42	Goats Crag	348
Bouldering	43	Gowder Crag	352
Graded List	44	Shepherd's Crag	353
Destination Planner	48	Black Crag	370
		Great End Crag	378
Langdale	54	Quayfoot Buttress	380
Raven Crag - Walthwaite	58	Bowderstone Crags	384
Scout Crags	62	Langstrath Valley	392
Stickle Barn Crag	66	Sergeant Crag Slabs	398
White Ghyll	68	Combe Gill	402
Pavey Ark	78	Gillercombe Buttress	408
Raven Crag	90	Steel Knotts	410
Gimmer Crag	102	Goat Crag	416
Neckband Crag	116		
Bowfell	120	The Eastern Fells	422
Shelter Crag	130	Iron Crag	426
Pike o' Blisco	132	Raven Crag - Thirlmere	432
Cathedral Quarry	148	Castle Rock of Triermain	436
Hodge Close Quarry	152	Lower Swirl Crag	444
		Eagle Crag - Grisedale	448
Coniston and Duddon Valley	160	Dove Crag	452
Dow Crag	162	Raven Crag - Threshthwaite Cove	458
Far Hill Crag	176	Gouthier Crag	462
Burnt Crag	180	Buckbarrow Crag - Longsleddale	470
Wallowbarrow Crag	186		
Stonestar Crag	192	Route Index	474
		Crag and Buttress Index	479
		General Index and Map	480
Eskdale and Wasdale	198		
Hardknott Crag	200		
Hare Crags	202		
Bell Stand	208		

Langdale
Coniston and Duddon Valley
Eskdale and Wasdale
Ennerdale and Buttermere
Borrowdale
The Eastern Fells

The Lake District is undoubtedly one of the UK's most beautiful corners; a compelling mix of brooding high fells, picturesque valleys, tranquil lakes and deeply ingrained traditions and culture that attracts visitors from all around the world. Among the many visitors, and the few who are lucky enough to call it home, are an ever increasing band of traditional climbers drawn to sample the numerous crags dotted around the fellsides.

Traditional rock climbing is firmly embedded in the fabric of the Lake District; climbers having been tempted to the challenges of its crags since the inception of rock climbing in the 1800s right up until the present day. The development of the Lake District crags has left a mass of superb climbs spread out across the whole area, and is without doubt one of the UK's finest destinations for climbers seeking out both classic mountain challenges and high quality single-pitch lines.

The traditional climbing on offer spans the full spectrum of grades and caters for all tastes - multi-pitch historic propositions stand alongside modern test pieces. The majority of the climbing takes place on Borrowdale volcanic rock, a hard and well-weathered stone that provides the raw material for the archetypal climbs found in and around the Helvellyn, Scafell, Coniston, Borrowdale and Langdale fells. Small enclaves of granite and slate are found within the central fells and offer an alternative medium to do battle with - Lakeland slate climbs are sparsely populated with bolts, but deliver a very traditional style of climbing.

The Lake District is perhaps one of the most beautiful and aesthetic places to climb, its landscape of fell and mere combining with seemingly manicured valleys and achingly quaint villages and pubs - there are few better places to enjoy both the climbing and ambience. Staying in the Lake District is easy. It is endowed with a wide choice of accommodation options - the most popular with climbers being camping, hostels and huts - mostly in stunning locations and more often than not next to a decent pub.

Mark Glaister, October 2019

Mark Glaister enjoying some classic Lakeland climbing and a quintessential backdrop on *Baskerville* (VS) - p.100 - East Raven Crag, Langdale. Photo: Glaister Collection

Coverage

Lake District Climbs is a selected climbs guidebook to the very best traditional climbing on offer in the magnificent English Lake District. It covers a wealth of routes spanning a full range of climbing styles and difficulty in both high mountain and valley floor environments.

The focus is very much on traditional climbing ranging from popular low-lying crags like Shepherd's and Raven Crag in Langdale to the high mountain crags in the shape of Scafell, Pillar, Esk Buttress, Gimmer and Pavey Ark. Nearly 1000 routes are described with detailed photo-topos, full route descriptions and precise approach maps.

The format is the familiar Rockfax style designed so that it is never necessary to have to turn more than a page or two to get to the crag, then get to the buttress and finally locate the start of your chosen route. Route descriptions are on the same page as their topo and always listed from left to right. There are many other features to help choose suitable routes and crags depending on specific weather conditions or your ability level. You can select a crag from the Destination Planner on p.48 to p.51. Each topo also has crag symbols for a quick glance check - see key on p.10.

There are a number of sport climbing venues in, or close, to the National Park that are not covered here although the best of the local sport crags are listed on p.42. Bouldering is also given a brief mention on p.43.

The information in this book is also available in digital form by subscription to the Rockfax App - see p.8.

Guidebook Footnote

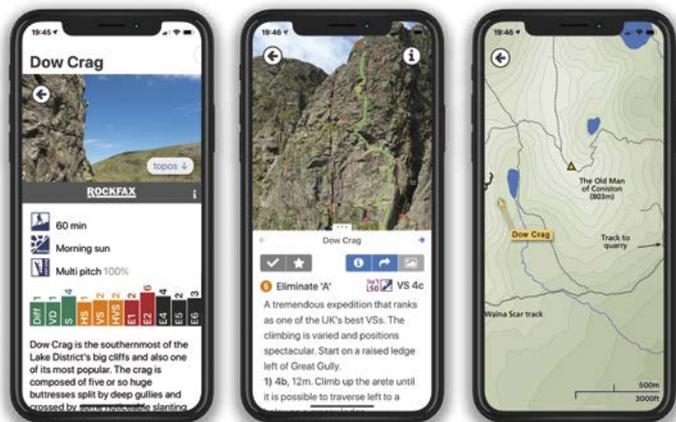
The inclusion of a climbing area in this guidebook does not mean that you have a right of access or the right to climb upon it. The descriptions of routes within this guide are recorded for historical reasons only and no reliance should be placed on the accuracy of the description. The grades set in this guide are a fair assessment of the difficulty of the climbs. Climbers who attempt a route of a particular standard should use their own judgment as to whether they are proficient enough to tackle that route. This book is not a substitute for experience and proper judgment. The author, publisher and distributors of this book do not recognise any liability for injury or damage caused to, or by, climbers, third parties, or property arising from such persons seeking reliance on this guidebook as an assurance for their own safety.

Tom Skelton taking advantage of perfect evening conditions on *Kern Knotts West Buttress* (VS) - p.264 - at Kern Knotts, Wasdale. The crag is often a waypoint for teams heading to or from The Napes higher up the slopes of Great Gable. Photo: Mark Glaister

The Rockfax App brings together all the Rockfax climbing information with UKC Logbooks and presents it in a user-friendly package for use on all mobile devices.

The heart of the App is the Rockfax crag and route information covering individual crags, or bundles of crags, in 'areas' which correspond roughly to printed guidebooks. The main data is sold by subscription so that you can purchase access to all the Rockfax guidebook information for a period of time, from one month to yearly. Once you are subscribed, you will have access to every digital Rockfax guidebook for the period of your subscription. You can download the main data and store it on your device, so you don't need any signal to be able to read the descriptions and see the topos and maps. There is also plenty of free data available without subscription, enabling you to get a really good impression of what the App is like without shelling out any money.

The Rockfax App itself is a free download and incredibly useful in its own right. It contains a detailed crag map linked to the UKClimbing crags database (currently with basic information and route lists for around 20,000 crags worldwide). The map also displays all the 4,000+ listings from the UKClimbing Directory of climbing walls, outdoor shops, climbing clubs, outdoor-specific accommodation and instructors and guides, amongst others.

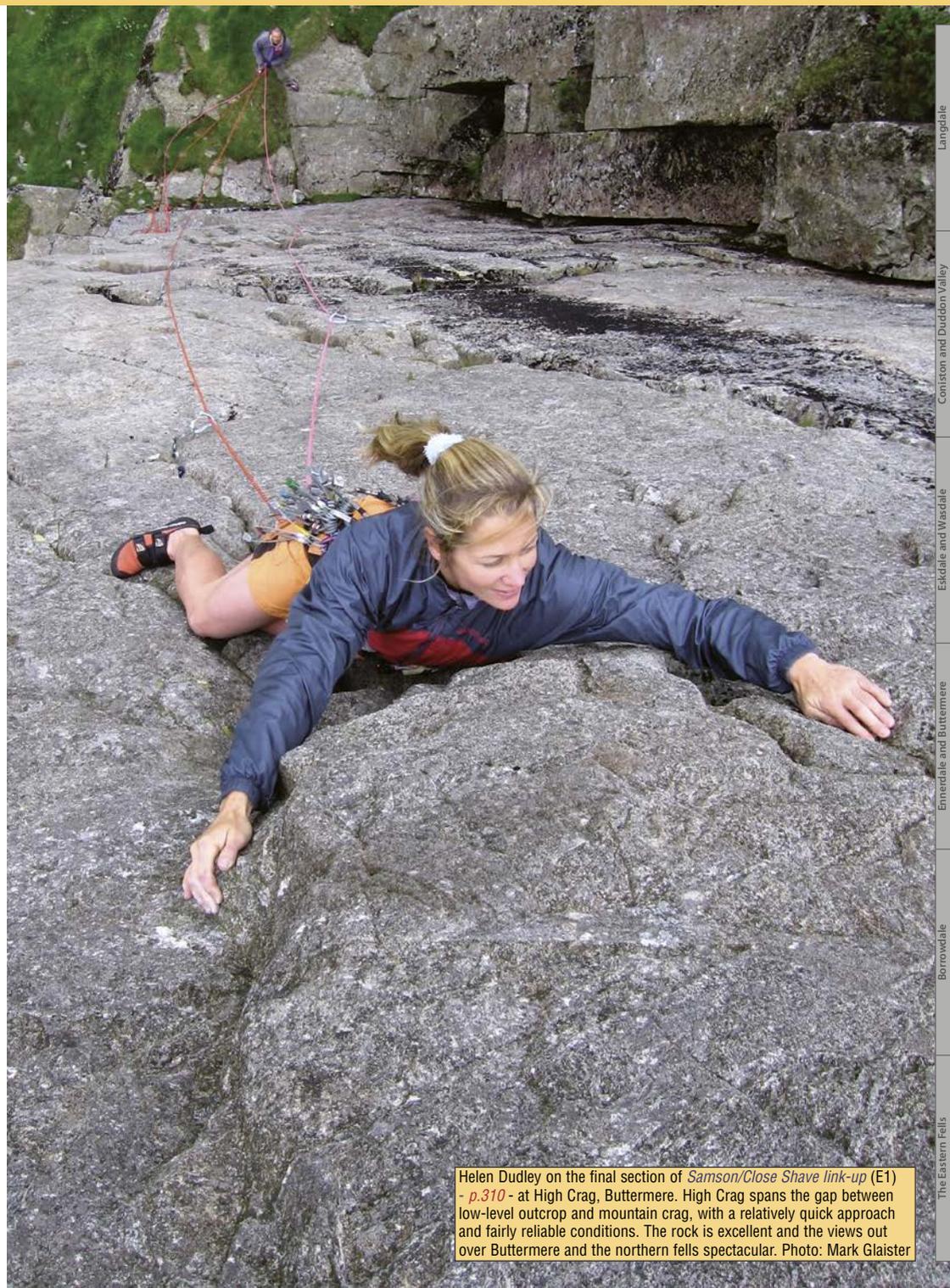


To find the App, search for 'Rockfax App' on Google or in the appropriate store.

UKC Logbooks

An incredibly popular method of logging your climbing is to use the UKClimbing.com logbooks system. This database lists more than 479,000 routes and nearly 20,000 crags; so far, more than 39,800 users have recorded 6.6 million ascents! To set up your own logbook all you need to do is register at UKClimbing.com and click on the logbook tab. Once set up you will be able to record every ascent you make, when you did it, what style you climbed it in and who you did it with. Each entry has a place for your own notes. You can also add your vote to the grade/star system which is used by guidebook writers from many publishers to get opinions on grades and quality of routes. The logbook can be private, public or restricted to your own climbing partners only.

The Rockfax App can be linked to your UKClimbing.com user account and logbook so that you can record your activity while at the crag and look at photos, comments and votes on the routes. To do this you will need a 3G/4G data connection. You can also look at the UKC logbooks to see if anyone has climbed your chosen route recently to check on conditions.



Helen Dudley on the final section of *Samson/Close Shave link-up* (E1) - p.310 - at High Crag, Buttermere. High Crag spans the gap between low-level outcrop and mountain crag, with a relatively quick approach and fairly reliable conditions. The rock is excellent and the views out over Buttermere and the northern fells spectacular. Photo: Mark Glaister

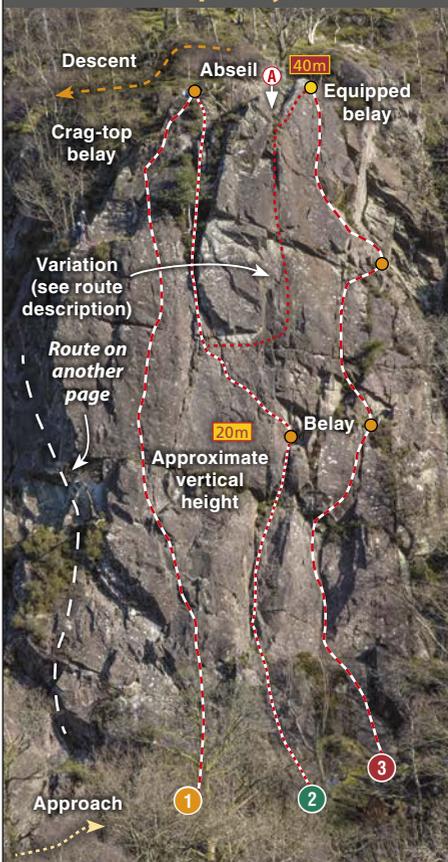
Route Symbols

-  A good route which is well worth the effort.
-  A very good route, one of the best on the crag.
-  A brilliant route, one of the best in the area.
-  A significant route, one of the most iconic of its grade in the book. There are more than 50.
-  Technical climbing requiring good balance and technique, or complex and tricky moves.
-  Powerful climbing; roofs, steep rock, low lock-offs or long moves off small holds.
-  Sustained climbing; either lots of hard moves or steep rock giving pumpy climbing.
-  Fingery climbing with significant small holds on the hard sections.
-  Fluttery climbing with big fall potential and scary run-outs.
-  Graunchy climbing. Awkward moves often up wide cracks or chimneys.
-  Some loose rock may be encountered.

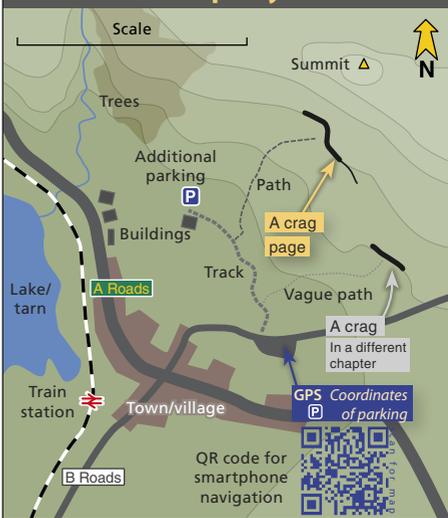
Crag Symbols

-  Angle of the approach walk to the crag with approximate time.
-  Approximate time that the crag is in the direct sun (when it is shining).
-  The crag is exposed to the weather and will catch the wind - best avoided in and after bad weather.
-  The crag can offer shelter from cold winds and it may be a good venue in poor weather.
-  The crag suffers from seepage. It may well be wet and unclimbable unless there has been a dry spell.
-  Some or all of the routes have a restriction due to nesting birds. Details in the crag information.
-  Some or all of the routes are multi-pitch
-  **Deserted** - Currently under-used and usually quiet. Fewer good routes or remote and smaller areas.
-  **Quiet** - Less popular sections on major crags, or good buttresses with awkward approaches.
-  **Busy** - Places you will seldom be alone, especially at weekends. Good routes and easy access.
-  **Crowded** - The most popular sections of the most popular crags which are always busy.

Topo Key



Map Key



Neil Stabbs about to start the desperate left-leaning thin crack of *Genocide* (E4) - p.168 - at Dow Crag. He is at the point where the well-known line of *Holocaust* (E4) heads out to the right. In the background is the steep corner of *Nimrod* (E1). Photo: Mark Glaister

Rock climbing in the Lake District has been documented in print guidebooks for almost 100 years by the Fell and Rock Climbing Club (FRCC).

The current set of FRCC guidebooks are shown on this page. Rockfax is very grateful to all previous authors of guidebooks for their dedication and effort in maintaining the historical record.

Guidebooks

Langdale

M.Biden (FRCC 2013)

Dow, Duddon and Slate

A.Phizacklea (FRCC 1994)

Scafell, Wasdale and Eskdale

A.Phizacklea (FRCC 1996)

Scafell and Wasdale

A.Phizacklea, R.Kenyon (FRCC 2014)

Gable and Pillar

P.C Rigby, S.J.H Reid (FRCC 2007)

Buttermere and St Bees

S.J.H Reid (FRCC 2008)

Borrowdale

S.Scott (FRCC 2016)

Eastern Crags

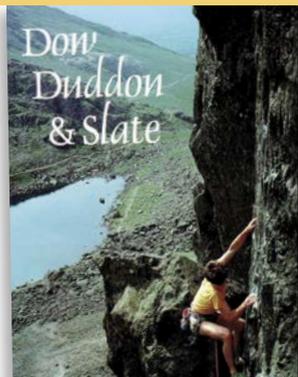
A.Davis, N.Wharton (FRCC 2011)

Websites

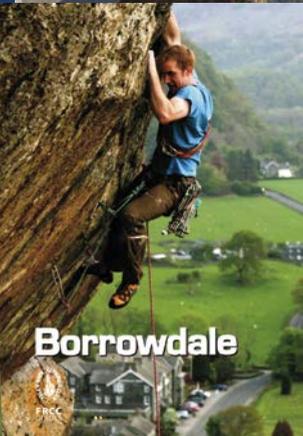
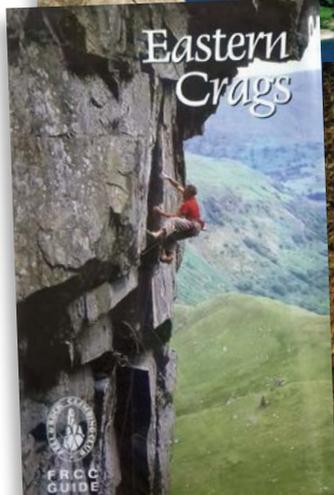
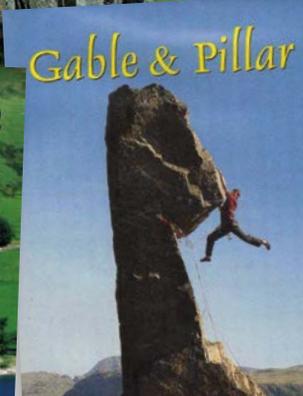
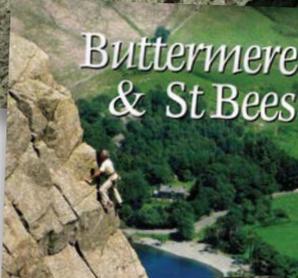
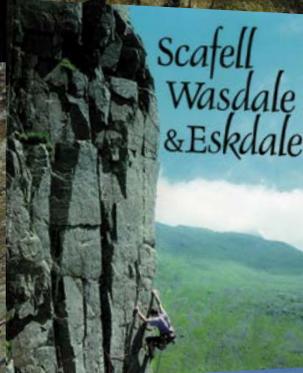
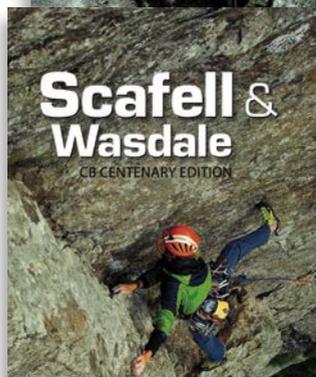
UKClimbing.com - The UKC Logbook route database for all areas covered in this guidebook.

Rockfax.app - The place to go to get a subscription to the Rockfax app which includes everything in this book and all other current Rockfax books.

frcc.co.uk - Fell and Rock Climbing Club site with information and guidebooks published by the FRCC.



Langdale



Dave Henderson on the finery finishing moves of *The Crypt Direct* (E1) - p.383 - at Quayfoot Buttress in Borrowdale. Quayfoot Buttress is one of a number of low-lying Borrowdale venues that are quick to approach and dry rapidly, often allowing a route or two to be snatched between showers. Photo: Mark Glaister

Having breached the overhang above the traverse of *Pluto* (HVS) at Raven Crag, Langdale, a leader pauses to place some gear before committing to the bold traverse right to the arete on *R'n'S Special* (E6) - p.96. Photo: Dave Pickford

Langdale
Conistone and Duddon Valley
Eskdale and Wastdale
Ennerdale and Buttermere
Borrowdale
The Eastern Fells



Rockfax is very grateful to the following companies, shops, climbing walls and organisations that have supported this guidebook:

Access

BMC RAD - Page 37
thebmc.co.uk/rad

Climbing Walls

Awesome Walls - Page 2
Liverpool Tel: 01512 982422
Stockport Tel: 01614 949949
Stoke-on-Trent Tel: 01782 341919
Sheffield Tel: 0114 2446622
awesomewalls.co.uk

The Lakeland Climbing Centre
- Inside back cover
Kendal Tel: 01539 721766
kendalwall.co.uk

Equipment Manufacturers

Arc'teryx - page 17
arcteryx.com

Edelrid - Opposite
edelrid.de/en/

Scarpa - Page 39
scarpa.co.uk

Outdoor Shops

The Climbers Shop
- Outside back cover
Ambleside Tel: 015394 32297
climbers-shop.com

George Fisher - Inside front cover
Keswick Tel: 017687 72178
georgefisher.co.uk

Needlesport - Back cover flap
Keswick Tel: 017687 72227
needlesports.com

Kong Adventure - Page 33
Keswick Tel: 017687 75907
kongadventure.com

CREATIVE TECHNOLOGY.



BULLETPROOF TRIPLE FG

Innovative Hybrid Carabiner

This carabiner combines the benefits of steel and aluminium carabiner. It has a steel reinforcement element at its apex to make sharp edges and worn-down carabiners a thing of the past.

"This could be the last belay biner you buy. I like that the steel plate eliminates aluminum oxide buildup, which keeps your rope cleaner and makes its last longer."
Tommy Caldwell (EDELRID ambassador)

www.edelrid.de



Langdale
Conistone and Duddon Valley
Eskdale and Westdale
Embsay and Buttermere
Borrowdale
The Eastern Fells

I would like to thank all of the people who have helped me put together this guidebook - hopefully you will be pleased with the end result?

Having lived and climbed in the Lake District for many years I have shared my climbing experiences with a huge number of people - far too many to name individually, but suffice to say without any of you, this project would never have got off of the ground - both literally and metaphorically! There are a number of friends who I would like to highlight and thank that have influenced, guided and shown huge patience at the crag over the years: Paul Carling, Louise Dickie, Dave Seddon, Emma Williams, Paul Cox and Bridget Glaister.

I owe huge gratitude to all contributors to the various guidebooks that have been produced on the Lake District over the decades.

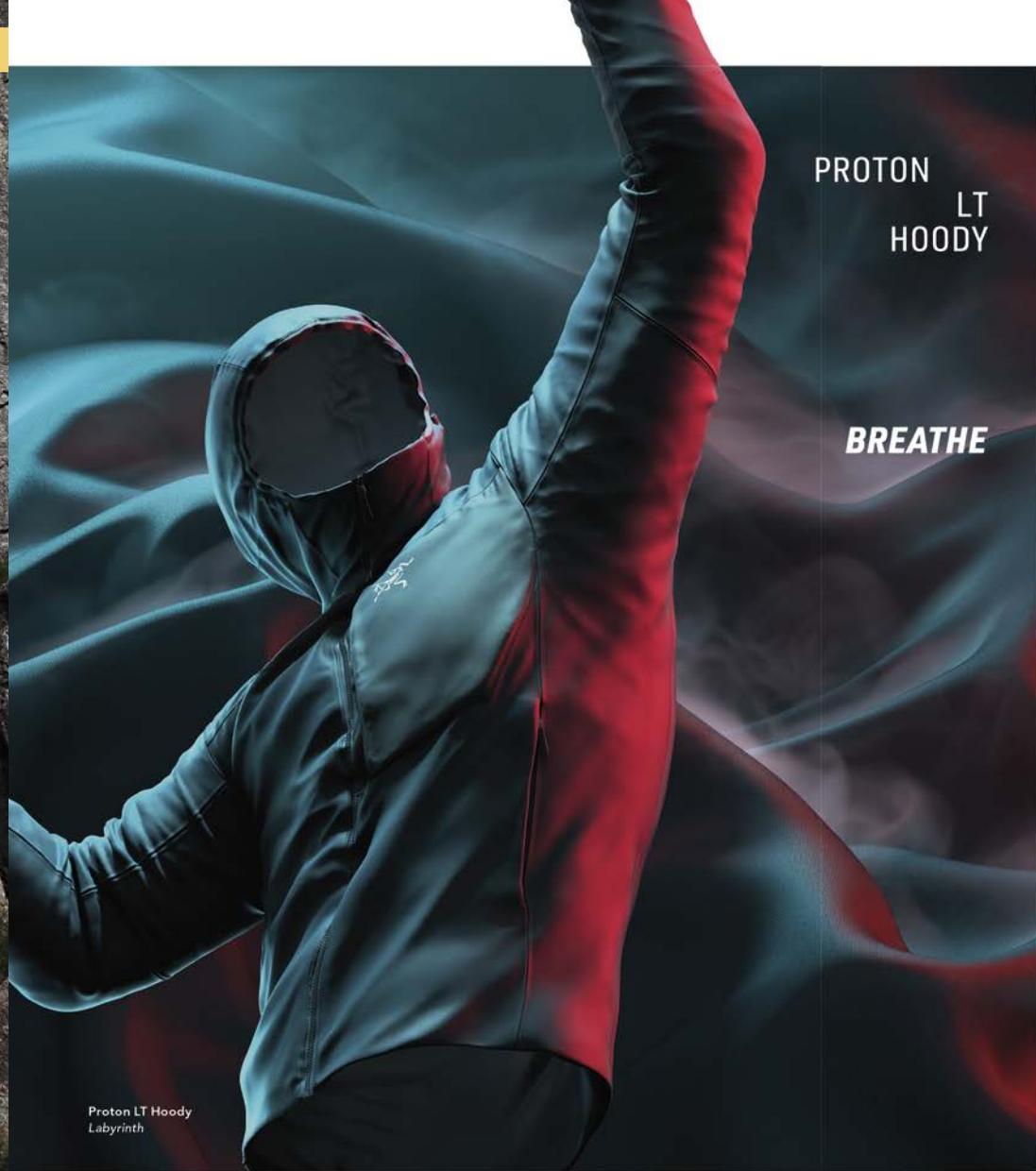
I would like to especially thank the following people who have helped in many ways putting this book together - Mike Hutton, Dan Bailey, Mark Reeves, Andy Ovens, Dave Pattinson, Matt Cooke, Charlie Woodburn, Ben Heason, Tony Marr, Dave Henderson, David Price, Tom Skelhon, Charlotte Macdonald, Marti Hallett, Debbie Roberts, Rosy Klinkenberg, Jay Astbury, Paul Cox, Bridget Glaister, Jeremy Wilson, Tom Ripley, Rob Greenwood and Ramon Marin.

A final thanks to the photographers - Mike Hutton, John McKenna, Dom Bush, Dan Bailey, Chris Prescott, Tony Stone, Rob Greenwood, Ramon Marin, Paul Cox and Dave Pickford.

It has once again been a pleasure to work with Alan James, Rebecca Ting, Sherri Davy and the UKC/Rockfax team.

Mark Glaister, October 2019

The author tackling the smart little climb *Frank* (HVS) - p.446 - at Lower Swirl Crag, Thirlmere. Photo: Mike Hutton



PROTON
LT
HOODY

BREATHE

Breathable insulation combined with unrivaled durability. Don't forget to breathe. DESIGNED FOR CLIMBING



North Wales Climbs
 November 2013
 R, A, M, E

North Wales Classics
 April 2010
 R, A, M, E

Clwyd Limestone
 December 2015
 R, A

North Wales Slate
 September 2018
 R, A

Print version available
 App version available
 App maps geo-located
 App has extra content

Lofoten Climbs
 May 2017
 R, A

Rjukan
 February 2016
 R, A

Northern England
 February 2008
 R, A

Western Grit
 April 2009
 R, A

Northern Limestone
 January 2015
 R, A, M, E

South Wales Sport Climbs
 November 2016
 R, A

Pembroke
 March 2018
 R, A, M, E

North Wales Winter
 February 2016
 R



Lake District Climbs
 November 2019
 R, A

Eastern Grit
 April 2015
 R, A

Peak Limestone
 New edition April 2020
 May 2012
 R, A, M, E

Peak Bouldering
 May 2014
 R, A

West Country Climbs
 July 2010
 R

The Dolomites
 November 2019
 R

Kalymnos
 May 2018
 R, A

Southern Sandstone Climbs
 September 2017
 R, A

Dorset
 February 2012
 R

Dorset Bouldering
 May 2014
 R, A, M, E

Deep Water
 June 2007
 R, A

31 titles in print
 19 less than 6 years old

Rockfax produce print and app guides to areas all over Europe
rockfax.com

Spain : El Chorro
 December 2018
 R, A

Spain : Costa Blanca
 February 2013
 R, A, M, E

Spain : Mallorca
 January 2016
 R, A

Catalunya
 February 2016
 R, A

Madrid Area
 October 2017
 R, A

France : Ariège
 December 2012
 R

France : Lang.Roussillon
 November 2011
 R

France : Haute Provence
 December 2009
 R

France : Côte d'Azur
 February 2017
 R, A

Chamonix
 October 2016
 R, A

Lake District Climbs Logistics

Langdale

Conistone and Duddon Valley

Eskdale and Wasdale

Ennerdale and Buttermere

Borrowdale

The Eastern Fells

Langdale

Conistone and Duddon Valley

Eskdale and Wasdale

Ennerdale and Buttermere

Borrowdale

The Eastern Fells

Charlotte Macdonald completing the finishing moves on the top pitch of *Donkey's Ears* (HS) - p.369 - at Shepherd's Crag in Borrowdale. Great climbing, a rapid approach, a cafe at its base and quick-drying rock are the enticing ingredients that make Shepherd's Crag one of the Lake District's most popular destinations. Photo: Mike Hutton

Tourist Information Centres and National Park Centres

If you are short of ideas about what to do on a wet day or need some accommodation, take a look at the Tourist Information Centres. They have a lot more useful information than it is possible to include in these pages.

Web sites - lakedistrict.gov.uk, visitcumbria.com, golakes.co.uk

Ambleside	Central Buildings, Market Cross. Tel: 01539 432582
Bowness	Glebe Road. Tel: 01539 442895
Coniston	Ruskin Avenue. Tel: 01539 441533
Grasmere	Red Bank Road. Tel: 01539 435245
Kendal	Made in Cumbria, 25 Stramongate. Tel: 01539 735891
Keswick	Moot Hall, Market Square. Tel: 01768 772645
Windermere	Victoria Street. Tel: 01539 446499

Temperature °C	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Average Max Temp (°C)	8	8	8	8	10	13	17	17	16	14	11	9
Average Min Temp (°C)	6	6	6	6	9	12	15	15	14	12	9	7
Average Rain Days/Month	22	18	17	17	15	17	19	17	17	20	21	22

When to Go

The best time to visit the Lake District is between the end of April and early October when the temperature is warm enough and the days long. However, this is the Lake District, so it is always a good idea to keep a close eye on the forecasts since rain is often not too far away.

After prolonged dry spells, and with temperatures in the 20s, everything including the high north-facing crags such as Scafell, Pillar Rock, Gable Crag and Bowfell is in condition. This is when the true Lakes mountain experience can be enjoyed to the full, with a long rewarding day, or multiple days with a high bivi.

If conditions are good but it hasn't been dry for long, climbing is often possible on many of the high sunny crags. Mountain crags that fall into this category are Gimmer, Grey Crag, Pikes Crag, Dow Crag, Esk Buttress, Black Crag, Kern Knotts and The Napes.

The valley crags are usually climbable from April to October although some can suffer from run-off and seepage. Reecastle Crag and Sergeant Crag Slabs are popular lower-lying crags that take longer to dry.

The weather is rarely poor enough to wash out a whole day. In these conditions, crags such as Raven Crag and Stickle Barn Crag in Langdale, Castle Rock in Thirlmere and Shepherd's Crag are quick to approach, dry rapidly and have little seepage.

Late autumn, winter and early spring are often wet and cold but the occasional pleasant day can be found on calm days in the sun on the lower-lying valley crags.

Getting There - Public Transport

The Lake District is easy to reach on public transport and careful choice of your accommodation can allow several days of climbing without needing a car.

There are trains to Windermere and Penrith where bus connections can take you to Langdale and Borrowdale, which are the best locations without a car. There are bus services to Glenridding, Coniston and Buttermere. For the Eskdale area, there is a train service to Ravenglass on the west coast, from where a smaller tourist railway connects to Eskdale.

Web sites - thetrainline.com, traveline.info



A lone leader ventures out onto the traverse of the fourth pitch on *Murray's Route* (S) - p.171 - at Dow Crag. This classic route is one of the longest lines on lower 'B' Buttress, and weaves its way around some formidable overhangs. The wall to the left is home to the sustained face climbs of *Pink Panther* (E2), *Leopard's Crawl* (HVS) and *Tarkus* (E2) Photo: Mark Glaister

- Camping Barn
- YHA
- Pub/Inn/Hotel
- Gear Shop
- Climbing Wall
- Take-away
- Cafe
- Groceries
- Tourist Information
- Pharmacy

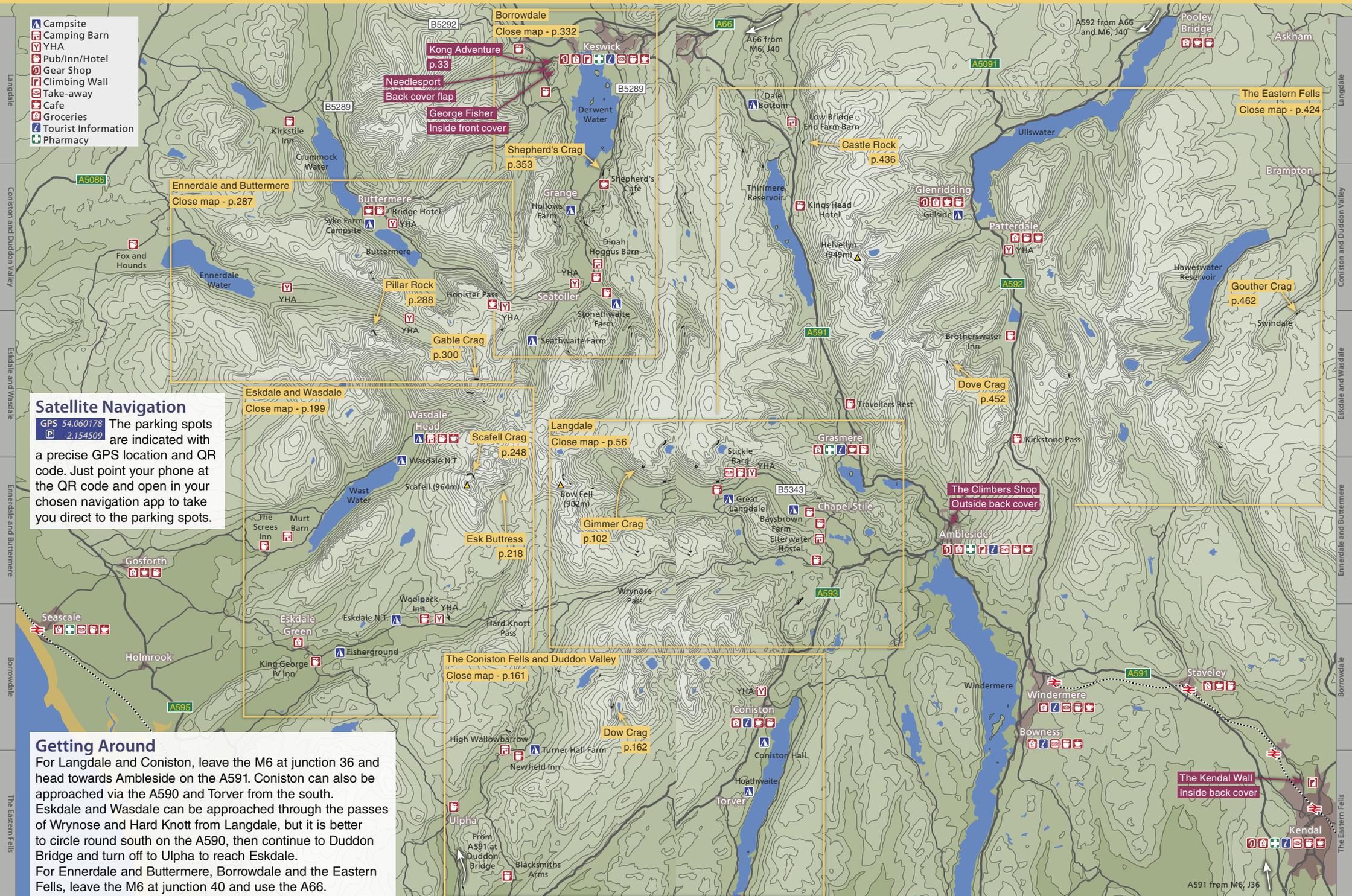
Satellite Navigation

GPS 54.060178
P -2.154509

The parking spots are indicated with a precise GPS location and QR code. Just point your phone at the QR code and open in your chosen navigation app to take you direct to the parking spots.

Getting Around

For Langdale and Coniston, leave the M6 at junction 36 and head towards Ambleside on the A591. Coniston can also be approached via the A590 and Torver from the south. Eskdale and Wasdale can be approached through the passes of Wrynose and Hard Knott from Langdale, but it is better to circle round south on the A590, then continue to Duddon Bridge and turn off to Ulpha to reach Eskdale. For Ennerdale and Buttermere, Borrowdale and the Eastern Fells, leave the M6 at junction 40 and use the A66.



Ennerdale and Buttermere
 Close map - p.287

Eskdale and Wasdale
 Close map - p.199

Langdale
 Close map - p.56

The Coniston Fells and Duddon Valley
 Close map - p.161

The Eastern Fells
 Close map - p.424

Borrowdale
 Close map - p.332

Gouthor Crag
 p.462

Shepherd's Crag
 p.353

Castle Rock
 p.436

Pillar Rock
 p.288

Gable Crag
 p.300

Dove Crag
 p.452

Scafell Crag
 p.248

Gimmer Crag
 p.102

Esk Buttress
 p.218

Dow Crag
 p.162

The Climbers Shop
 Outside back cover

The Kendal Wall
 Inside back cover

Kong Adventure
 p.33

Needlesport
 Back cover flap

George Fisher
 Inside front cover

Camping

Camping is well catered for in the Lake District and the selection of sites listed here are some of its finest and most convenient for the visiting climber. It is well worth booking space in advance especially at busy holiday times or if in groups.

Wild Camping

Wild camping, especially near to the remoter crags, is a great option. It allows you to take advantage of sustained spells of good weather while high up in the mountains and reduce walk-ins. It is also a superb and enjoyable way to spend time and usually creates memories that last for years.

There are some guidelines that need following for wild camping in the National Park:

- Camp above the highest fell wall, well away from towns and villages.
- Leave no litter. Do not bury litter including organic waste litter and remove other people's.
- Don't light any fires, even if there is evidence that fires might have been lit by others.
- Keep groups small - only one or two tents.
- Leave the camping area as you would want to find it. Carry out everything you carried in.
- Perform toilet duties at least 30m from water and bury the results with a trowel.
- Protect the environment at all times.



Wild camping on Haystacks above Ennerdale and Buttermere with Great Gable in the background. Photo: Dan Bailey

Campsites

The following sites are well placed for climbers. Many of the sites listed do not open in the autumn and winter.

Langdale

Great Langdale Campsite - Map p.56
nationaltrust.org.uk Tel: 01539 437668
 Large National Trust site at the head of Langdale. Excellent for approaching the crags on foot and close to the pubs. Can be busy.

Baysbrown Campsite - Map p.56
baysbrownfarmcampsite.co.uk
 Tel: 01539 437150
 A large flat site close to Chapel Stile village and nearby pubs. It is possible to walk to some of the crags on foot.

Conistون and Duddon Valley

Coniston Hall Campsite - Map p.161
conistonhallcampsite.co.uk
 Tel: 01539 441223
 Pleasant site with access to the lake shore.

Hoathwaite Campsite - Map p.161
nationaltrust.org.uk Tel: 01539 437668
 Lovely National Trust site near Torver with lake shore access and great views. Possible to approach Dow Crag on foot.

Turner Hall Campsite - Map p.161
 Seathwaite. Tel: 01229 716420
 Fabulous rural site close to pub and crags.

Eskdale and Wasdale

Eskdale Campsite - Map p.199
nationaltrust.org.uk 01539 432733
 Picturesque National Trust run campsite in Boot close to pubs and some crags.

Fisherground Campsite - Map p.199
fishergroundcampsite.co.uk
 Tel: 01946 723723
 Very nice site with good access to both Eskdale and Wasdale. Can get very busy.

Wasdale Campsite - Map p.199
nationaltrust.org.uk Tel: 01946 726220
 Superb National Trust site at the head of Wastwater. The best campsite for approaching Scafell on foot.

Wasdale Head Inn - Map p.199
wasdale.com Tel: 01946 726229
 Traditional climbers' campsite next to historic hotel and bar. Pillar Rock, The Napes and Scafell can all be approached on foot.

Ennerdale and Buttermere

Syke Farm Campsite - Map p.287
sykefarmcampsite.com Tel: 01768 770222
 Beautiful location between Buttermere and Crummock Water and close to hotel/bar. Some crags can be approached on foot.

Borrowdale

Seathwaite Farm - Map p.332
seathwaitefarmcamping.co.uk
 Tel: 01768 777394
 Remote site in a beautiful valley. Several big crags can be approached on foot.

Stonethwaite Farm - Map p.332
stonethwaitefarm.co.uk Tel: 01768 777234
 Big site next to river with great views of the fells. Close to a pub, and the Langstrath Valley crags can be approached on foot.

Hollows Farm - Map p.332
hollowsfarm.co.uk Tel: 01768 777298
 Picturesque site in the middle of Borrowdale. A good choice to avoid parking problems as many crags are easily accessed on foot.

Eastern Fells

Dale Bottom Farm - Map p.424
dalebottomfarm.co.uk Tel: 01768 774713
 Excellent site that is good for the crags in Thirlmere. Close to Keswick.

Gillside Farm - Map p.424
gillsidecaravanandcampingsite.co.uk
 Tel: 01768 482346
 Quiet campsite in Glendriding up a side valley from Ullswater.

There are many accommodation options available close to the crags throughout the Lake District. These range from basic camping barn to luxurious spa hotels.

Listed here are some of the basic bunkhouse, climbing hut, hostel and YHA options that are well placed for the mountains. Their locations are marked on the map on p.24/p.25 and on some of the close-up maps.

Climbing Huts

A useful source of accommodation for groups and individuals is the profusion of climbing club huts scattered throughout the National Park. These can often be booked in advance by non members and are generally good value and close to major climbing venues. For details see thebmc.co.uk

Barns and Hostels

Langdale

Great Langdale Bunkhouse

greatlangdalebunkhouse.co.uk

Located next to Stickle Barn. Good for approaching the major crags on foot.

Elterwater Hostel

elterwaterhostel.co.uk Tel: 01539 437245

Lovely privately run hostel. Close to pub and some crags can be approached on foot.

Coniston and Duddon Valley

YHA Coniston Coppermines

yha.org.uk Tel: 0345 371 9630

Remote hostel with plenty of atmosphere and fine views of the surrounding fells. Good for Dow Crag.

High Wallabarrow Camping Barn

wallabarrow.co.uk Tel: 01229 715011

Great location for Wallowbarrow Crag and pub. Cottage also available next to barn.

Eskdale and Wasdale

YHA Eskdale

yha.org.uk Tel: 0345 371 9317

Large hostel with camping also available. Possible to walk to a number of crags.

Wasdale Head Inn

wasdale.com Tel: 01946 726229

Self-catering and rooms available. Great for access to major crags around Wasdale.

Murt Camping Barn

murtbarn.co.uk Tel: 01946 726044

Small camping barn at the end of Wast Water.

Ennerdale and Buttermere

YHA Ennerdale

yha.org.uk Tel: 0345 371 9317

Remote hostel and camping barn. Great for Pillar Rock. Cuts down the walk time as approach is allowed up restricted forestry road.

YHA Black Sail

yha.org.uk Tel: 0345 371 9680

A true mountain hut experience (access by long walk only) at the head of Ennerdale.

YHA Buttermere

yha.org.uk Tel: 0345 371 9508

Good for access to various crags in Buttermere. Camping and cabins.

YHA Honister

yha.org.uk Tel: 0345 371 9522

Well positioned for accessing Gable Crag, Yew Crag Knotts and Buckstone How.

Borrowdale

Dinah Hoggus Camping Barn

lakelandcampingbarns.co.uk

Tel: 01768 777689

Small barn in Rosthwaite in Borrowdale.

YHA Borrowdale

yha.org.uk Tel: 0345 371 9624

Well-placed hostel in Rosthwaite with cabins and camping.

Eastern Fells

Low Bridge End Farm Camping Barn

lakelandcampingbarns.co.uk

Tel: 01768 779242

Small camping barn in a great location for Castle Rock and nearby Thirlmere crags.

YHA Patterdale

yha.org.uk Tel: 0345 371 9337

A very nice hostel with camping available. Good for the eastern crags.

Camping Barn INFO @ wallabarrow .co.uk

Pubs

There are many more pubs in the Lake District than those listed here, but these are well placed for climbers and recommended.

Langdale**Old Dungeon Ghyll** - Map p.56

Great Langdale. Historic hotel bar and sheltered beer garden set at the head of Langdale. Campsite nearby.

Stickle Barn - Map p.56

Great Langdale. Atmospheric, friendly, often busy bar in a barn with large outside beer garden. Campsite nearby.

Britannia Inn - Map p.56

Elterwater. A traditional Lakeland village pub in an idyllic setting. Can be very busy.

Three Shires Inn - Map p.56

Little Langdale. Pleasant country pub with a beer garden. Often less busy.

Coniston and Duddon Valley**Newfield Inn** - Map p.161

Seathwaite. Excellent pub with beer garden in the Duddon valley. Campsite nearby.

Blacksmiths Arms - Map p.161

Broughton Mills. Isolated traditional pub and beer garden with lots of atmosphere.

Eskdale and Wasdale**Woolpack Inn** - Map p.202

Hard Knott Pass. Spacious country pub with large beer garden. Campsite nearby.

King George IV - Map p.212

Holmrook. Convenient pub to stop off at from either the Eskdale or Wasdale crags.

The Screes Inn - Map p.279

Nether Wasdale. Good village pub close to West Water. The Strands Inn just across the road is also a nice spot.

Wasdale Head Inn - Map p.199

Wasdale Head. Superbly positioned hotel bar and beer garden. A favourite after climbing on Scafell, The Napes or Pillar Rock. Campsite nearby.

Ennerdale and Buttermere**Fox and Hounds Inn** - Map p.24

Ennerdale Bridge. Small village pub at the end of Ennerdale.

Kirkstile Inn - Map p.24

Loweswater. Hidden gem with friendly atmosphere and quality food.

Bridge Hotel - Map p.287

Buttermere. Large hotel bar and beer garden just down the road from the lake.

Borrowdale**Scafell Hotel** - Map p.332

Borrowdale. Large hotel bar and beer garden.

Langstrath Inn - Map p.332

Stonethwaite. Quaint rural pub with beer garden. Campsite nearby.

Swinside Inn - Map p.332

Newlands Valley. Very nice, friendly pub with beer garden. On the west side of lake.

Coledale Inn - Map p.332

Braithwaite. Easygoing hotel bar and good beer garden.

Eastern Fells**The King's Head Inn** - Map p.444

Thirlmere. Convenient roadside pub.

Brotherswater Inn - Map p.452

Brotherswater. Well regarded inn with large camping site attached.

Enjoying a post-climb pint at the Blacksmiths Arms, one of many tremendous Lakeland country pubs. Photo: Mark Glaister



Cafes

Stickle Barn (Langdale) - Map p.56

Great Langdale, nationaltrust.org.uk
Excellent and friendly spot close to all the main carparks where the majority of approaches begin.

Herdwicks Cafe (Coniston) - Map p.161

Yewdale Road, herdwicksconiston.co.uk
Reliable coffee and food on the main street.

Broughton Bakery & Cafe (Duddon) - Map p.161

Broughton in Furness, broughtonvillagebakery.com
Cafe and bakery easy to call in on way to Duddon valley, Eskdale and Wasdale.

National Trust Cafe (Wasdale) - Map p.199

National Trust carpark, Wasdale.
No seating, just takeaway.

Honister Slate Mine (Buttermere) - Map p.322

Honister Pass, honister.com
Handy for Buttermere and Gable Crag approach.

Shepherd's Cafe (Borrowdale) - Map p.354

High Lodore Farm, highlodorefarm.co.uk
Traditional climbers' cafe under Shepherd's Crag.

The Patterdale Hotel (Eastern) - Map p.449

Patterdale, patterdalehotel.co.uk
Easy access for a quick stop and a nice garden.

Wilfs Cafe (South Lakes) - Map p.470

Mill Yard, Staveley, wilfs-cafe.co.uk
Just off the Kendal to Windermere road. Good if approaching or heading away from the Lakes.

Gear Shops

Climbers Shop

Compston Road, Ambleside
Tel: 01539 430122
climbers-shop.com

Central Lake District location with a large range of specialist climbing equipment.
See map on p.57 and advert on back cover

George Fisher

2 Borrowdale Road, Keswick
Tel: 01768 772178
georgefisher.co.uk

Very large store with climbing equipment department and in-store cafe.
See map on p.332 and advert inside front cover

Kong Adventure

Heads Road, Keswick
Tel: 01768 775907
kongadventure.com

Large outdoor equipment store with climbing department, cafe and climbing wall.
See map on p.332 and advert opposite

Needle Sports

56 Main Street, Keswick
Tel: 01768 772227
needlesports.com

Long established specialist climbing store, with knowledgeable staff on hand.
See map on p.332 and advert on back cover flap

Climbing Walls

Kendal Wall

Lake District Business Park, Kendal
Tel: 01539 721766
kendalwall.co.uk

State of the art climbing centre with large leading walls and lots of bouldering plus an indoor Via Ferrata. Also has a cafe and shop. Easy access and free parking.
See map on p.25 and advert inside back cover

Kong Adventure

Heads Road, Keswick
Tel: 01768 775907
kongadventure.com

Climbing and bouldering walls plus cafe and large gear shop on site.
See map on p.332 and advert opposite

Eden Rock

Carlisle, edenrockclimbing.com
Bouldering centre.

Ambleside Climbing Wall

Ambleside, amblesideadventure.co.uk
Small lead and bouldering wall.

Keswick Climbing Wall

Keswick, keswickclimbingwall.co.uk
Small lead and bouldering wall.

KONG

ADVENTURE

KESWICK



KONG ADVENTURE SHOP:
Specialist equipment,
clothing, guidebooks &
accessories

Largest selection of
rock boots in the Lakes!

CLIMBING FACILITIES

200+ Routes and
Boulder Problems

Leading on all lines

Auto-Belays

LED Moon Board

KONG ADVENTURE, Heads Rd, Keswick, CA12 5EZ
01768 75907 www.kongadventure.com
OPEN 9am - 9pm (10pm in Winter) Mon - Fri
9am - 6pm Sat / 9am - 5pm Sun

Lake District Climbing

Jordan Buys in the slim finishing corner of *The Cumbrian* (E5) - p.226 - high on the stupendous headwall of Esk Buttress. The central pillar of Esk Buttress is one of the Lake District's finest climbing venues set in the upper reaches of Eskdale and surrounded by the peaks of Bowfell, Scafell and Scafell Pike. Photo: Mike Hutton

Mountain Rescue

In the event of an incident requiring assistance you need Mountain Rescue:

Dial 112 or 999 and ask for 'POLICE' then 'Mountain Rescue'

Have the following information ready.

Where is the accident? - map grid reference or GPS location.

What time did the incident take place?

How many people are injured and what is the nature of the injury.

Give a phone number and name and do not turn phone off.

Rescue Procedure

It may take an hour or more for the emergency services to reach you so any First Aid you can administer is critical. If a helicopter is called to the scene you need to signal to the pilot by standing with your arms up making a 'Y' shape. Once the pilot has seen you, and looks like they are coming in to hover, then move to a safe distance away since they will either come into land or send the winchman down. The downdraft is considerable so collect all the bags and loose equipment together and get someone to sit on them to stop them being blown away. Do not approach the helicopter unless directed to do so by the aircrew.

Smartphone Apps

If you have a smartphone then download the **Echo112 app** from the iOS or Android app store. This useful app has an SOS button that will call the correct emergency service no matter which country you are in and send your location using your phone's GPS system. There are also other useful apps that can calculate your OS grid reference from your phone's GPS system - search for Grid Reference to find one of these in the appropriate app store.



Access

The majority of crags in this book have been climbed on for many years and we are lucky to enjoy almost unrestricted access to nearly all the routes in the book. In a few cases there are temporary restrictions due to nesting birds. These details are covered in the text; just keep an eye out for the red bird restrictions icon (right).



In general all that is required to maintain access is reasonable behaviour. Try to leave a place in better shape than you found it; take only pictures and leave only footprints; and abide by the Country Code.

Access arrangements can change and we recommend that, when you are unsure, you use the BMC Regional Access Database to check what the up-to-date situation is. You can check the RAD here - thebmc.co.uk/modules/RAD/ or install the BMC RAD app from your iOS or Android app store.



If you do encounter problems then contact the BMC Access and Conservation representative. They are always happy to discuss problems and often the BMC's involvement at an early stage can defuse a situation before it develops.

British Mountaineering Council

British Mountaineering Council, 177-179 Burton Road, Manchester, M20 2BB.
Tel: 0870 010 4878 Fax: 0161 445 4500.

thebmc.co.uk office@thebmc.co.uk

NEW

BMC

RAD APP

REGIONAL ACCESS DATABASE

The source of the most up to date access advice
for climbers in England and Wales

thebmc.co.uk/rad

On all but two of the climbs in this guidebook there is no fixed gear, so everything required to protect an ascent has to be carried up the crag. In addition to the basic essentials of rock shoes, helmet, harness, belay device, nut key and chalk bag, an extensive (and expensive!) range of other gear will be needed.

Runners

A typical rack is based around a double set of wires, camming devices/hexes and micro-wires (for some of the harder routes). A selection of extenders or 'quickdraws', and at least 4 or 5 slings of varying lengths complete the basic arsenal usually carried by the seasoned UK trad climber.

Ropes

A pair of double ropes is required for most of the routes in this book - 50m or 60m is the normal length. Some of the shorter single-pitch routes at areas such as Stickle Barn Crag, Brantrake Crag and Long Scar can be climbed on a single rope. However, on long and complex pitches that weave around, double ropes reduce rope drag making climbing easier and allow for the option to abseil a full rope-length from multi-pitch routes, or make abseil descents if desired. On some crags an extra rope for abseil approach may be desirable, but is not essential as once the approach is completed the abseil rope can be pulled.

Other Gear

A helmet and chalk bag go without saying. A good double-rope belay device that can also be used to abseil is essential. Prussik loops are a sensible addition and can be easily tucked away on the back of your harness.

Clothing

Any day out in the mountains of The Lake District can end up being a cold, wet and unpleasant experience without the correct clothing. Waterproofs, warm mid-layers and hats and gloves are worthwhile additions to a pack and can make a long belaying stint a little less painful. Having plenty of warm clothes to hand may be a lifesaver in the event of an accident or if you become lost.

Other Gear

A light sack to carry shoes (and any other items) is advised for the longer mountain routes. The steep and sometimes very long descent walk-offs/scrambles on many crags are far more comfortable in approach shoes. Sun cream, snacks, headtorch and water are all worth packing on a long day out. All this kit needs to fit into a small compact pack that sits high on your back allowing maximum movement and keeping it clear of harness and gear.

Navigation

Walking to and from the mountain crags is not always on good paths and rarely signed. The maps in this book are as accurate as space allows, but it is advisable to also carry a good map and compass (and have the skills to use them). In poor visibility it may be necessary to use a navigation aid to locate the crag and/or find the way back to safety.

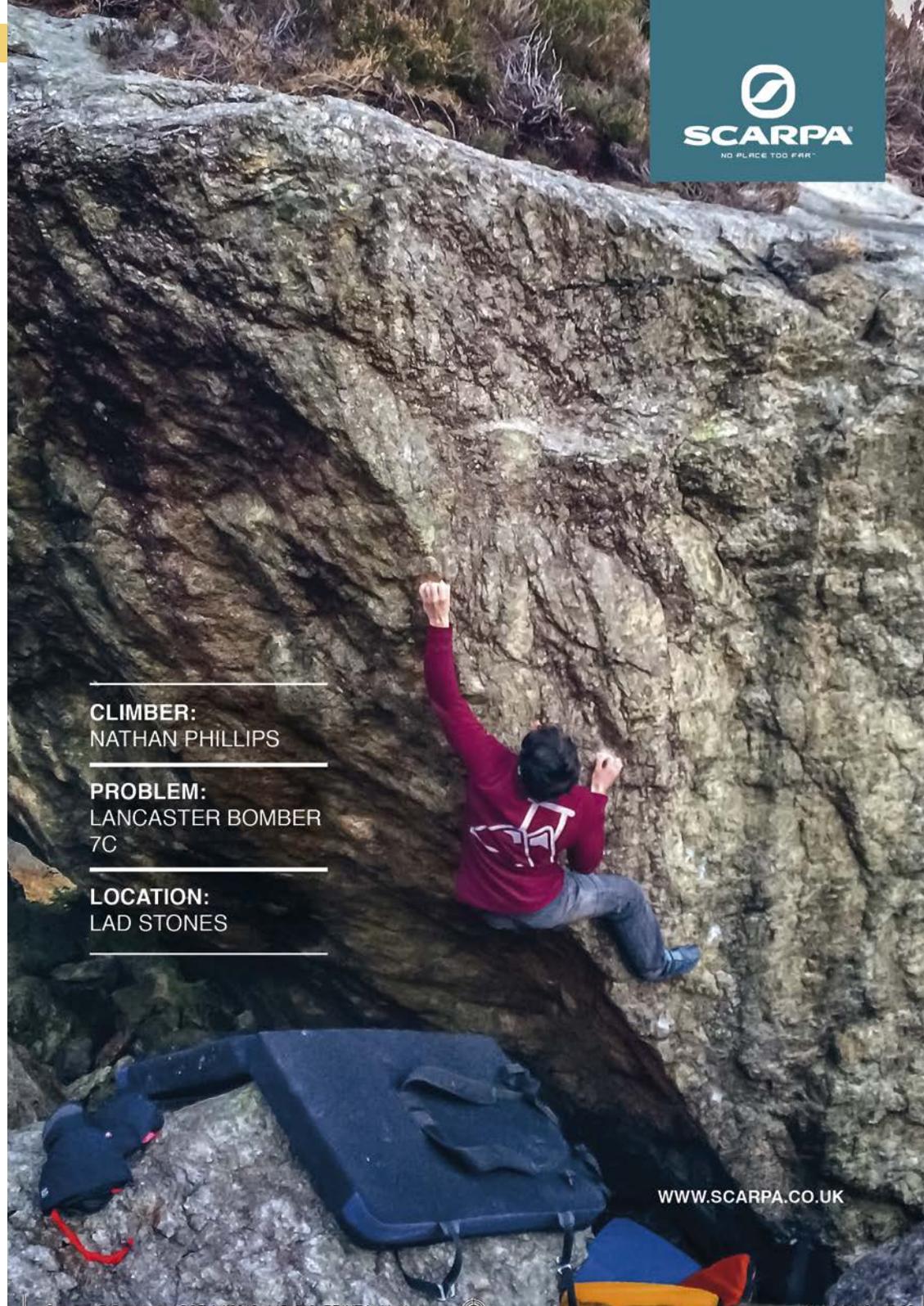
The Ordnance Survey Explorer series of maps are excellent with maps OL4, OL5, OL6 and OL7 giving coverage of all the approaches to crags in this book. Alternatively you can subscribe to the OS app for all these maps on your phone with GPS location indicator. The Rockfax app also has GPS location indicators built in on the maps and it is available by subscription from [rockfax.app](#)



CLIMBER:
NATHAN PHILLIPS

PROBLEM:
LANCASTER BOMBER
7C

LOCATION:
LAD STONES



Nearly all of the routes covered in this book are 'trad' (traditional) routes. These trad routes are protected predominantly using wires, cams and slings hand placed by the leader, as well as other means such as threads and pegs (which may be in place). The routes are given a **British Trad Grade** and a red and white dotted line on the topo. There are only three sport routes described in this guidebook. These climbs are given a **Sport Grade** and a red and yellow dotted line on the topo. A sport route is defined as one where all the major protection comes from gear fixed in the rock (bolts).

British Trad Grade

1) Adjectival grade (Diff, VDiff, Severe, Hard Severe (HS), Very Severe (VS), Hard Very Severe (HVS), E1... to E10).

This gives an overall picture of the route including how well protected it is, how sustained and a general indication of the level of difficulty of the whole route.

2) Technical grade (4a, 4b, 4c... to 7b). The difficulty of the hardest single move, or short section.

Colour Coding

The routes are given a colour-coded dot corresponding to a grade band. The colour represents a level that a climber should be happy at, hence sport and indoor routes tend to be technically harder than the equivalent coloured trad routes because the climber doesn't need to worry about the protection.

1 - Up to Severe (Up to Sport 4c)

A great place to start with some major mountain classics in these grades.

2 - HS to HVS (5a to 6a+)

An increased difficulty level and even more great routes to go at.

Sport Grade	British Trad Grade	UIAA	USA
1	Mod Moderate	I	5.1
2	Diff Difficult	II	5.2
2+	VDiff Very Difficult	III	5.3
3	HVD Hard Very Difficult	III+	5.4
3+	Sev Severe	IV	5.5
4a	BOLD 3c HS Hard Severe	IV+	5.6
4b	BOLD 4a VS Very Severe	V-	5.7
4c	BOLD 4a VS Very Severe	V	5.8
5a	BOLD 5a SAFE	V±	5.9
5b	BOLD 4b HVS Hard Very Severe	VI-	5.10a
5c	BOLD 5a SAFE	VI	5.10b
6a	BOLD 5a SAFE	VI+	5.10c
6a+	BOLD 5a SAFE	VII-	5.10d
6b	BOLD 5b SAFE	VII	5.11a
6b+	BOLD 5b SAFE	VII+	5.11b
6c	BOLD 5c SAFE	VII+	5.11c
6c+	BOLD 5c SAFE	VIII-	5.11d
7a	BOLD 6b SAFE	VIII	5.12a
7a+	BOLD 6b SAFE	VIII+	5.12b
7b	BOLD 6c SAFE	IX-	5.12c
7b+	BOLD 6c SAFE	IX-	5.12d
7c	BOLD 6c SAFE	IX+	5.13a
7c+	BOLD 6c SAFE	IX+	5.13b
8a	BOLD 7a SAFE	X-	5.13c
8a+	BOLD 7a SAFE	X-	5.13d
8b	BOLD 7a SAFE	X+	5.14a
8b+	BOLD 7a SAFE	X+	5.14b
8c	BOLD 7b SAFE	XI-	5.14c
8c+	BOLD 7b SAFE	XI-	5.14d
9a	BOLD 7b SAFE	XI+	5.15a
9a+	BOLD 7b SAFE	XI+	5.15a

3 - E1 to E3 (6b to 7a)

A grade band which includes many of the area's big classics, but they should not be underestimated.

4 - E4 and above (7a+ and above)

The really hard stuff including some of the most famous hard trad climbing in the country.



Marti Hallett on the technical slim corner high on the second pitch of *Poker Face* (E1) - p.84 - at Pavey Ark, Langdale. Photo: Mike Hutton

Jay Astbury cruising up the lower section of *The Tipton Slasher* (6c) at Bramcrag Quarry. Photo: Mark Glaister

There are a number of sport climbing crags dotted around the periphery of the main centres of traditional climbing in the Lake District. The best is Chapel Head Scar in the south of the National Park, while both Bramcrag Quarry and St Bees are popular and offer the chance of dry bolt-protected climbing should the weather be poor on the higher crags.



Chapel Head Scar, Scout Scar and Humphrey Head are covered in the guidebook **Northern Limestone (Rockfax)** and St Bees in **Buttermere and St Bees (FRCC)**.

Bramcrag Quarry has app coverage - see frcc.co.uk

Chapel Head Scar

An extensive limestone escarpment. The finest sport crag in the Lake District with long well-equipped single-pitch lines on superb rock. The best climbs range from 6c to 7c+.

Scout Scar

A small limestone crag in a lovely setting not far from Kendal. Short well-bolted lines - the best range from 6b to 7a.

Humphrey Head

A pleasant seaside limestone venue with some reasonable climbs that are often dry when wet elsewhere. Grades from 6a to 7b+.

St Bees

An outlying sandstone sea cliff with lots of routes and good bouldering. A fairly long drive and approach walk, but worth a look if the western fells are wet. Grades from 6a to 8a.

Bramcrag Quarry - Map on p.424

A large quarry with a wealth of long intricate pitches on micro-granite. The quarry is privately owned and access is restricted - no groups. Park carefully. Lots in the mid grades.

Slate

Lots of small venues between Langdale and Coniston. The best information is available on UKC database - ukclimbing.com/logbook/

There is a vast amount of high quality bouldering on offer throughout the Lake District and Cumbria. The rock type varies greatly including mountain volcanics, slate, gabbro, limestone, granite and sandstone. Below are some of the best spots including both well-known venues and more recently developed boulders and circuits. The best guidebook is **Lake District Bouldering (Vertebrate Publishing)** while the website Lakesbloc.com has lots of up-to-date information and topos online.



Brantfell - South Lakes

A tiny escarpment with many fingery wall problems and an exquisite outlook.

Langdale Boulders - Map on p.56

Classic problems in the heart of Langdale.

Cold Pike - Map on p.56

High boulders and walls in a beautiful location.

Coniston and Coppermines Valley - Map on p.162

Great area for mid-grade problems with the centrepiece being the Pudding Stone. The nearby Lad Stones feature some big boulders.

Eskdale Fisherground - Map on p.208

Extensive circuits developed over many years.

Sampson's Stones - Map on p.219

A long approach but some of the area's best.

The Bowderstone - Map on p.384

The crucible of elite bouldering in the north Lakes. All the problems are hard, but they stay dry and are only a short walk from the parking.

Gillercombe Boulders - Map on p.408

A fine series of venues with a spread of grades and superb stone.

St Bees - West Coast

Sandstone bouldering down by the sea.

Carrock Fell - Northeast Lakes

Fellside boulders of all shapes and sizes.

The Badger Stone and Kentmere Boulders - South Eastern Fells

A huge boulder in a field and lots more in the woods above. Easily accessed from Staveley to the south.

Claire Aspinall on *Eiger Aspirant* (f5+) at Cold Pike, approached from the summit of the Wrynose Pass. Photo: Mike Hutton

	Photo	Page
E9		
<input type="checkbox"/> *** Welcome to the Cruel World . . . <i>This page</i> . . .		241
<input type="checkbox"/> *** Breathless		277
<input type="checkbox"/> *** Fearless		457
E8		
<input type="checkbox"/> *** Another Lonely Day		241
<input type="checkbox"/> *** The Keswickian		467
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Bleed In Hell		388
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Impact Day		88
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Dawes Rides a Shovelhead		97
E7		
<input type="checkbox"/> *** Vlad the Impaler		457
<input type="checkbox"/> *** Bucket Dynasty		457
<input type="checkbox"/> *** Phoenix in Obsidian		431
E6		
<input type="checkbox"/> *** Internal Combustion		460
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Western Union		431
<input type="checkbox"/> *** Footless Crow		419
<input type="checkbox"/> *** Ataxia		122
<input type="checkbox"/> *** Stage Fright	<i>157</i>	154
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Hell's Wall		388
<input type="checkbox"/> *** Ringwraith		250
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Bucket City		457
<input type="checkbox"/> *** Sixpence		88
<input type="checkbox"/> *** Zeya		243
<input type="checkbox"/> *** Daylight Robbery		344
<input type="checkbox"/> *** R 'n' S Special	<i>14</i>	97

Dave Birkett on one of his many high-grade mountain routes - *Welcome to the Cruel World* (E9) - p.240 - on the East Buttress of Scafell. Dave is one of a long line of Langdale based Birketts who have been at the forefront of climbing development in the Lake District over the last 80 years or so. Photo: Mark Glaister

	Photo	Page
E5		
<input type="checkbox"/> *** The Main Event		154
<input type="checkbox"/> *** First Night Nerves		154
<input type="checkbox"/> *** Mirage		419
<input type="checkbox"/> *** The Quest		429
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Shere Khan		243
<input type="checkbox"/> *** The Almighty		238
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Penal Servitude		344
<input type="checkbox"/> *** Exposure		122
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Supernatural		277
<input type="checkbox"/> *** Great Expectations (7b)		154
<input type="checkbox"/> *** Peels of Laughter	<i>433</i>	434
<input type="checkbox"/> *** Fast and Furious		457
<input type="checkbox"/> *** Ten Years After		154
<input type="checkbox"/> *** High Performance		460
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Fear and Fascination	<i>453</i>	457
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Trilogy		97
<input type="checkbox"/> *** The Shining Path		173
<input type="checkbox"/> *** Burning Desire		183
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> The Cumbrian	<i>34</i>	227
<input type="checkbox"/> *** First of Class		178
<input type="checkbox"/> *** Basilica		151

	Photo	Page
E4		
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> The Gates of Delirium		434
<input type="checkbox"/> *** Lost Horizons		243
<input type="checkbox"/> *** Blitzkrieg		434
<input type="checkbox"/> *** Fallen Angel		88
<input type="checkbox"/> *** Running on Empty		460
<input type="checkbox"/> *** Wheels of Fire	<i>385</i>	388
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Top Gear		460
<input type="checkbox"/> *** The Medlar		434
<input type="checkbox"/> *** West Side Story		280
<input type="checkbox"/> *** Inquisition		344
<input type="checkbox"/> *** Nagasaki Grooves		379
<input type="checkbox"/> *** Second Coming (Hodge Close)		154
<input type="checkbox"/> *** Bitter Oasis		419
<input type="checkbox"/> *** Tapestry		292
<input type="checkbox"/> *** Mother Courage		88
<input type="checkbox"/> *** Boy Racer		460
<input type="checkbox"/> *** Shadowfax	<i>232</i>	250
<input type="checkbox"/> *** Dry Gasp		336
<input type="checkbox"/> *** Holocaust		169
<input type="checkbox"/> *** Abraxas		166
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Tumble	<i>175</i>	169
<input type="checkbox"/> *** Powerglide		201
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Malice in Wonderland		156
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Grand Alliance		372
<input type="checkbox"/> *** Limited Edition		156
<input type="checkbox"/> *** Marble Staircase		429
<input type="checkbox"/> *** One Step Beyond		467
<input type="checkbox"/> *** Chiron		241

	Photo	Page
E3		
<input type="checkbox"/> *** Sarcophagus		305
<input type="checkbox"/> *** The Voyage		419
<input type="checkbox"/> *** The Vikings		277
<input type="checkbox"/> *** Dream Twister		305
<input type="checkbox"/> *** Humdrum		223
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Eastern Hammer	<i>52</i>	110

<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> The White Wizard		250
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Shifter	<i>184</i>	183
<input type="checkbox"/> *** Close to the Edge		434
<input type="checkbox"/> *** The Ghost		441
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> White Noise	<i>343</i>	344
<input type="checkbox"/> *** Prana	<i>371</i>	372
<input type="checkbox"/> *** Falcon Crag Buttress Route 1		336
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Darklands	<i>148</i>	150
<input type="checkbox"/> *** Athanor		419
<input type="checkbox"/> *** Thumbscrew		344
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Guillotine		344
<input type="checkbox"/> *** Air on a Bowstring		128
<input type="checkbox"/> *** Battering Ram		364
<input type="checkbox"/> *** Roaring Silence	<i>236</i>	241
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> GTX		460
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Cruel Sister		82
<input type="checkbox"/> *** Paladin		72
<input type="checkbox"/> *** Snicker Snack		305
<input type="checkbox"/> *** The Tomb		305
<input type="checkbox"/> *** The Nazgul	<i>239</i>	250
<input type="checkbox"/> *** Lost Colonies		313

	Photo	Page
E2		
<input type="checkbox"/> *** Lord of the Rings		246
<input type="checkbox"/> *** Kidnapped		340
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> The Niche	<i>337</i>	339
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Saxon		250
<input type="checkbox"/> *** Through the Looking Glass		156
<input type="checkbox"/> *** Tumbleweed Connection	<i>416</i>	419
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Wild Sheep	<i>355</i>	367
<input type="checkbox"/> *** Pink Panther	<i>163</i>	170
<input type="checkbox"/> *** Bloodhound		467
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> The Sting	<i>413</i>	412
<input type="checkbox"/> *** Equus		110
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Ichabod		241
<input type="checkbox"/> *** The Go Between		382
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Fastburn	<i>121</i>	122
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Rigor Mortis		441
<input type="checkbox"/> *** Thirlmere Eliminate		441
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Astra		88
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Gillette Direct	<i>117</i>	118
<input type="checkbox"/> *** Hearth Direct	<i>323</i>	324
<input type="checkbox"/> *** The Rack - Finger Flake Finish	<i>347</i>	344
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Aphasia		401
<input type="checkbox"/> *** Innominate/Sepulchre		266
<input type="checkbox"/> *** Plagiarism	<i>335</i>	340
<input type="checkbox"/> *** The Cayman		272
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Hiddenite		429
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Phoenix		241
<input type="checkbox"/> *** White Ghyll Eliminate		72
<input type="checkbox"/> *** Yellow Fever	<i>147</i>	142
<input type="checkbox"/> *** Tracheotomy		118
<input type="checkbox"/> *** Sky (6b+)		154
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Central Pillar	<i>220</i>	227
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Triermain Eliminate	<i>437</i>	441
<input type="checkbox"/> *** Isengard/Samba Pa Ti		167
<input type="checkbox"/> *** The Question		396
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> M.G.C.		363
<input type="checkbox"/> *** Bleak How Buttress		394
<input type="checkbox"/> *** Black Sheep		367
<input type="checkbox"/> *** The Bracken-Clock		86
<input type="checkbox"/> *** Spring Bank	<i>115</i>	110
<input type="checkbox"/> *** Glass Slipper	<i>133</i>	146

Langdale
Conistone and Duddon Valley
Eskdale and Wasdale
Emmerdale and Buttermere
Borrowdale
The Eastern Fells

Langdale
Conistone and Duddon Valley
Eskdale and Wasdale
Emmerdale and Buttermere
Borrowdale
The Eastern Fells

E1	Photo	Page
☐*** Banzai Pipeline		379
☐*** Imagine		280
☐☞ Praying Mantis		419
☐☞ Totalitarian		434
☐*** Trespasser Groove		227
☐☞ The Bludgeon333	364
☐*** Aardvark		85
☐*** Outside Tokyo / Dight		108
☐*** Whit's End Direct		110
☐*** Nimrod158	169
☐*** Night of the Hot Pies		150
☐*** Aaros		359
☐☞ The Buttonhook Route267	266
☐*** The Angel of Mercy		305
☐☞ The Philistine312	311
☐*** Panjandrum		131
☐*** Intern		107
☐*** Central Buttress196	250
☐*** Grand Slam		222
☐☞ Raindrop376	375
☐*** Waste Not, Want Knot		77
☐*** Dedication Direct341	340
☐*** Catacomb		169
☐*** Poker Face41	85
☐*** The Red Edge1	223
☐*** Arcturus		82
☐*** Pleasure Zone		131
☐☞ Gormenghast231	230
☐*** Columbia192	195
☐☞ Razor Crack119	118
☐☞ Conclusion		357
☐☞ Capella		82
☐*** Leverage		245
☐*** Gimmer String		108
☐*** Megaton295	29
☐*** Woolly Jumper		128

HVS	Photo	Page
☐*** Laugh Not		77
☐*** Great Central Route		174
☐*** DDT		419
☐*** Crocodile Crack		272
☐*** Foul Play		308
☐*** Right-hand Crack215	214
☐*** Samson9, 307	311
☐*** The Mortician		375
☐*** Finale		359
☐*** Mithrandir		118
☐☞ The Centaur		243
☐*** Behind the Lines		156
☐☞ Kipling Groove		110
☐*** Leopard's Crawl		170
☐*** Aquarius		88
☐☞ Pluto		97
☐*** Protus		60
☐*** High Crag Buttress		313
☐*** Illusion		340
☐☞ Mandrake381	382
☐*** Gazebo Direct		442
☐*** Sobrenada		451
☐☞ Golden Slipper78	85
☐*** Endurance		401
☐*** Kransic Crack Direct		363
☐☞ The Yellow Slab		243
☐*** Troutdale Pinnacle Superdirect		375
☐*** The Lost Boys410	414
☐*** Overhanging Bastion439	438
☐*** Terminator 2		401
☐☞ Lakeland Cragsman399	401

VS	Photo	Page
☐*** Sinister Grooves		326
☐☞ 'F' Route103	110
☐☞ Engineer's Slab302	305
☐☞ Eagle Front314	315
☐*** Southwest Climb284	299
☐☞ Bilberry Buttress		97
☐*** Mickledore Grooves		245
☐*** Square Chimney Route/Medusa Wall		224
☐☞ Adam331	359
☐☞ Haste Not70	72
☐*** Murray's Direct160	170
☐☞ Dexter Wall		321
☐*** Witch283	280
☐*** The Crack (Gimmer Crag)		108
☐*** Rake End Wall		86
☐☞ The Gordian Knot		72
☐*** The Obverse Route		272
☐☞ Fisher's Folly		363
☐*** The Buckbarrow Needle278	282
☐*** Kern Knotts West Buttress6	265
☐☞ Botterill's Slab		250
☐☞ Eliminate 'A'		166
☐*** Fool's Paradise		352
☐*** The Fang463	467
☐☞ Ardus		359
☐*** Eve360	359
☐☞ Direct Route		442
☐☞ Moss Gill Grooves		253
☐*** White Ghyll Wall		74
☐☞ Delilah		313
☐☞ Fortiter		320
☐☞ Bracket and Slab Climb		114
☐☞ Innominate Crack263	266
☐☞ Northwest Arete		106
☐☞ Northwest Climb		294
☐*** Troutdale Pinnacle Direct		375
☐*** Moss Ledge Direct and Jones' Arete249	256
☐☞ Eagle's Nest Ridge Direct		272
☐☞ Slip Knot		77
☐☞ Hopkinson's Gully255	254
☐*** Asterisk		106

HS	Photo	Page
☐☞ Tophet Wall274	277
☐*** Slabs West Route		318
☐*** Hopkinson's Crack		174
☐☞ Route 2 (Raven Crag - Walthwaite)		60
☐☞ Rib and Slab Climb289	299
☐*** Revelation (Raven Crag Langdale)		97
☐☞ The Wasdale Crack268	272
☐*** The Arete		272
☐*** Jones' Route Direct from Lord's Rake		256
☐☞ Bowfell Buttress127	126
☐☞ Bridge's Route225	224

S	Photo	Page
☐☞ Murray's Route23	170
☐*** Kestrel Wall		451
☐*** North Climb		292
☐☞ Thomas186	188
☐*** Woodhead's Climb		257
☐☞ 'C' Route		112
☐☞ 'D' Route		110
☐☞ Troutdale Pinnacle		375
☐☞ The Original Route		95
☐☞ Gillercombe Buttress408	409
☐*** Abbey Buttress		271
☐*** Oxford and Cambridge Direct Route		321
☐*** Arete, Chimney and Crack		166
☐☞ Direct from Lord's Rake to Hopkinson's Cairn and Low Man from Hopkinson's Cairn		256
☐☞ Suaviter		320
☐☞ Kennel Wall468	467
☐☞ 'A' Route		112

HVD	Photo	Page
☐☞ Grooved Arete		260
☐*** Brown Slabs Face		357
☐*** Gangway Climb423	442

VD	Photo	Page
☐☞ Little Chamonix328	364
☐*** Gimmer Chimney		114
☐*** Wall and Crack Climb258	260
☐☞ New West Climb	<i>This page</i>	299
☐*** Oliverson's Variation and Lyon's Crawl		112
☐☞ 'C' Ordinary Route172	173
☐☞ Route 1 (Scout Crag)		65
☐☞ Needle Ridge		272
☐*** Ash Tree Slabs		107
☐*** Arrowhead Ridge Direct		271
☐☞ Brown Slabs Direct353	357

D	Photo	Page
☐☞ Middlefell Buttress		94
☐*** Giant's Crawl		169
☐☞ Corvus407	406
☐☞ Brown Slabs Arete		357

M	Photo	Page
☐☞ Slab and Notch		291
☐☞ The Old West Route		299
☐☞ The Knife-Edge Arete233	254

Langdale

Conistone and Duddon Valley

Escliffe and Wasdale

Ennerdale and Buttermere

Borrowdale

The Eastern Fells

Langdale

Conistone and Duddon Valley

Escliffe and Wasdale

Ennerdale and Buttermere

Borrowdale

The Eastern Fells



Bridget Glaister high above a shadowy Western Gully on the exposed top slabs of *New West Climb* (VDiff) - p.298 - at Pillar Rock. Photo: Mark Glaister

Destination	Routes	up to Sev	HS to HVS	E1 to E3	E4 and up	Approach	Sun	Sheltered / Windy	Seepage	Restrictions	Multi-pitch	Summary	Page
Raven Crag - Walthwaite	12	1	9	2	-	5 min						A charming buttress just above Chapel Stile. Good spread of mainly single-pitch routes in the low-to-mid grades.	58
Scout Crags	15	8	4	1	2	7 - 10 min						A trio of crags that offers diverse climbing styles throughout the full grade spectrum with an easy approach.	62
Stickle Barn Crag	12	2	7	2	-	12 min						A short and quick-drying buttress of excellent rock. Only ten minutes up the hill from the Sticklebarn pub.	66
White Ghyll	22	2	10	10	-	20 - 30 min						A great multi-pitch venue that has both slabby and steep climbs to suit most tastes. Not too far to walk and reasonably sheltered.	69
Pavey Ark	26	4	7	11	4	50 - 55 min						A big crag with lots of multi-pitch classics across the grades. Can be a little vegetated in places and some sections take time to dry.	79
Raven Crag	32	9	15	4	4	10 - 14 min						A fine series of well drained buttresses just above the Old Dungeon Ghyll pub. Something here for all levels. Always busy.	90
Gimmer Crag	31	7	13	10	1	60 - 65 min						A tremendous mountain crag with outstanding climbs. Only an hour walk-in and quick drying though it can be windy. Can get very busy.	102
Neckband Crag	9	-	3	6	-	60 min						Quality single-pitch climbs in the HVS to E3 grade band. Shady and only in condition during dry spells. Some routes gather moss.	116
Bowfell	14	2	2	7	3	105 min						A series of impressive buttresses each with distinct character. Mostly multi-pitch on good rock. High up and a long approach walk.	120
Shelter Crag	3	-	-	3	-	90 min						Huge rambling crag with sections of good continuous rock. Multi-pitch climbing on subtle lines. Can be mossy and needs time to dry.	130
Pike o' Blisco	93	25	47	14	7	20 - 25 min						Three separate crags of high quality rock. Good short pitches that are easily reached from the Wrynose Pass.	132
Cathedral Quarry	7	-	-	4	3	5 min						A slate quarry with impressive single-pitch lines. Although bolted in places, the routes require a confident approach.	149
Hodge Close Quarry	16	-	2	5	9	10 min						A massive slate quarry with an impressive wall. High quality and very serious pitches mostly in the mid-to-upper E grades.	152
Dow Crag	28	6	5	8	9	60 min						A brilliant mountain crag with classic multi and single-pitch routes across the grades. A relatively short walk-in for a mountain crag.	162
Far Hill Crag	10	-	-	4	6	50 min						A remote wall of superb compact rock with testing pitches in the E grades. Needs time to dry out and moss can be a problem.	176
Burnt Crag	11	-	-	5	6	25 min						A wall of good rock packed with demanding single-pitch routes in the mid-to-upper E grades. A pleasant spot with a quick approach.	180
Wallowbarrow Crag	11	3	8	-	-	10 - 12 min						Good multi-pitch routes in the low-to-mid grades. Quick to approach and close to an excellent pub and campsite.	187
Stonestar Crag	6	-	3	3	-	5 min						A compact wall with some stiff routes. A short hike up from the parking and in the sun from around lunchtime. Restricted Mar to Jul.	192
Hardknott Crag	4	-	-	2	2	7 min						A long wall minutes from the top of the Hardknott Pass. All the routes are tough undertakings and protection on most of them is spaced.	200
Hare Crags	27	4	9	9	5	12 - 15 min						A cluster of granite crags close to the road. Unusual feel to many of the routes with some steep cracks and bald slabs.	202
Bell Stand	22	-	12	8	2	20 min						A small granite quarry with a beautiful outlook. Not the greatest routes but worth a look.	208
Brantrake Crag	23	8	11	3	1	7 min						A popular series of granite buttresses close to the parking. Restricted Mar to Jun.	212
Esk Buttress	16	-	5	8	3	80 min						A towering wall of immaculate rock with many mountain classics. Some good shorter lines on flanking walls and in a remote location.	218
Heron Crag	3	-	2	1	-	30 min						A wall of good but grubby rock with one Hard Rock classic up its cleanest section. Not far from the road. Restricted Mar to Jun.	229
Scafell	46	6	13	14	13	80 - 110 min						Premier mountain destination. Many superb climbs across the grades. High and prone to bad weather but go nowhere else when in condition.	232
Pikes Crag	4	2	1	-	-	80 min						A lovely big and sunny mountain cliff. Appealing long classic climbs in the VD iff to VS grade band. A good spot if Scafell is wet or cold.	258
Kern Knotts	19	1	7	10	1	85 min						A high-level outcrop climbing on fantastic rock. Well worth a visit in its own right or on the way to or from The Napes.	262
The Napes	17	4	6	3	4	100 min						A big crag with big routes high up on Great Gable. Old-school ridges and modern test pieces. Home of the famous Napes Needle.	269
Buckbarrow	13	-	4	6	3	20 - 25 min						A decent crag with a short but steep approach. Can be a good alternative if the high crags are out. Good rock and strong lines.	279

